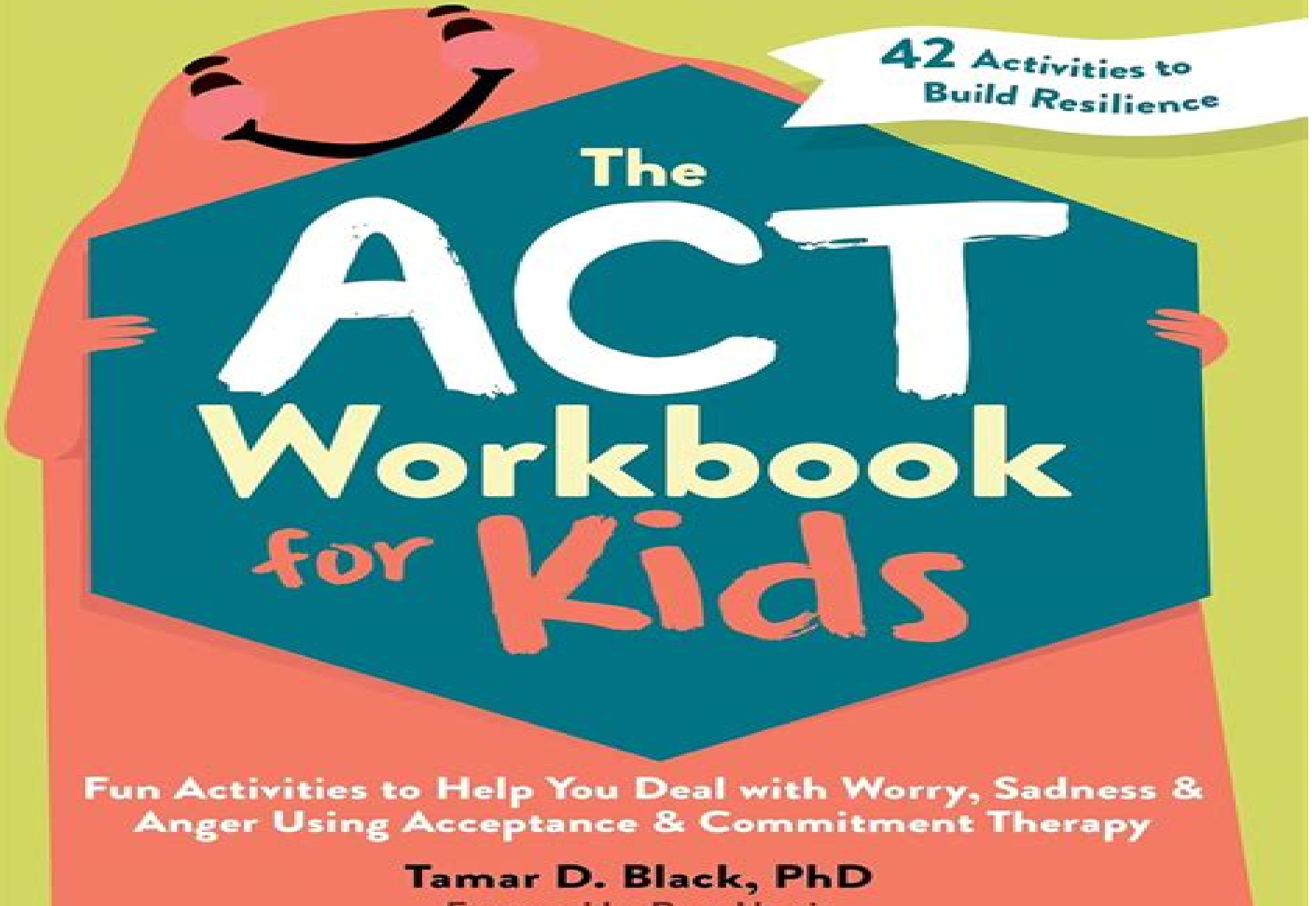


AN INSTANT HELP BOOK FOR PARENTS & KIDS

**42 Activities to
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The **ACT** Workbook for Kids

**Fun Activities to Help You Deal with Worry, Sadness &
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