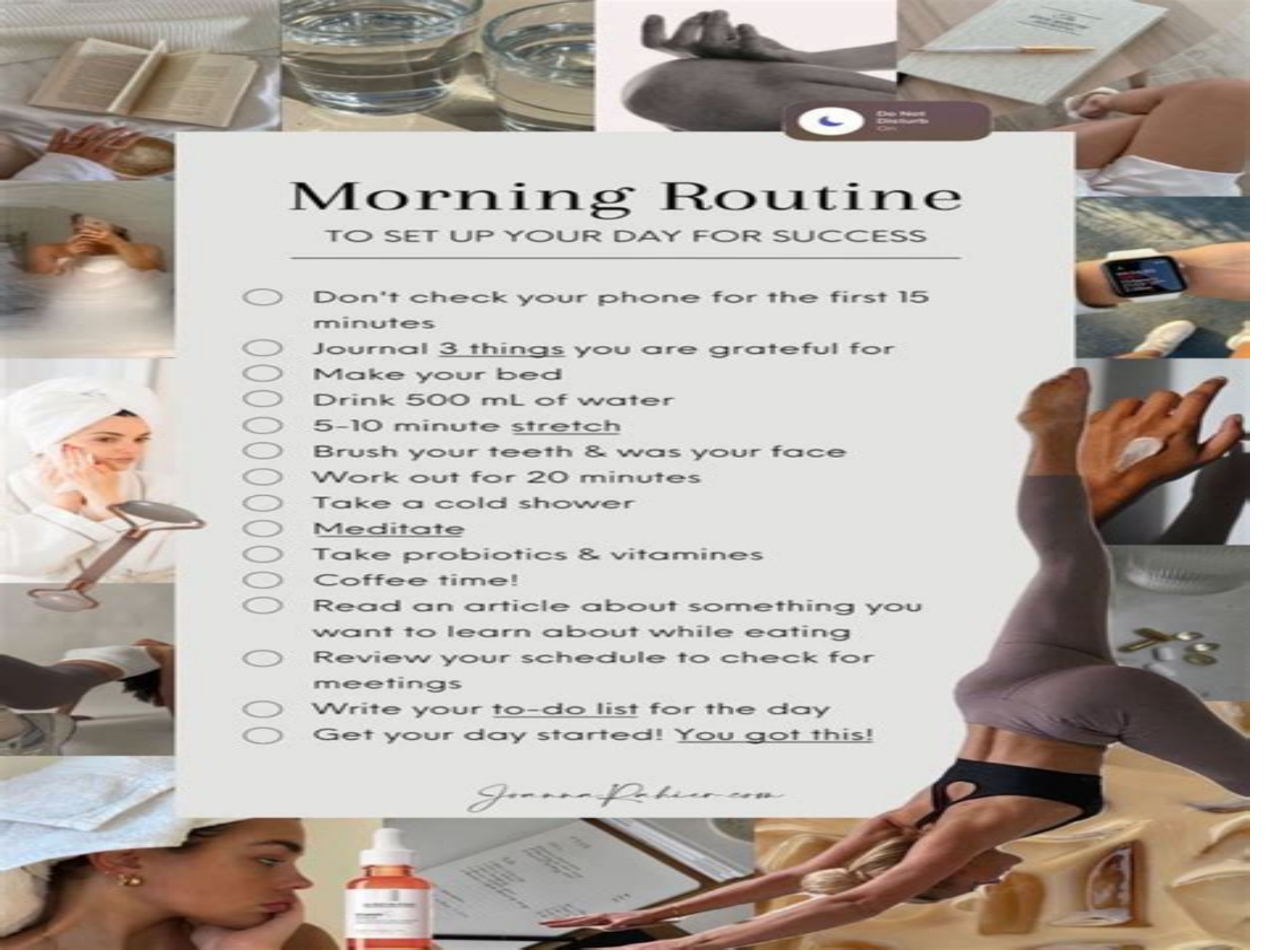




TO SET UP YOUR DAY FOR SUCCESS

- ☐ Don't check your phone for the first 15 minutes
- ☐ Journal 3 things you are grateful for
- ☐ Make your bed
- ☐ Drink 500 mL of water
- ☐ 5-10 minute stretch
- ☐ Brush your teeth & wash your face
- ☐ Work out for 20 minutes
- ☐ Take a cold shower
- ☐ Meditate
- ☐ Take probiotics & vitamins
- ☐ Coffee time!
- ☐ Read an article about something you want to learn about while eating
- ☐ Review your schedule to check for meetings
- ☐ Write your to-do list for the day
- ☐ Get your day started! You got this!

JoannaPabico.com

Morning Routine Deal Tutorial

IM Harris



Morning Routine Deal Tutorial:

Unveiling the Energy of Verbal Art: An Mental Sojourn through **Morning Routine Deal Tutorial**

In a world inundated with displays and the cacophony of quick transmission, the profound energy and psychological resonance of verbal beauty frequently diminish into obscurity, eclipsed by the constant onslaught of sound and distractions. Yet, situated within the lyrical pages of **Morning Routine Deal Tutorial**, a interesting perform of fictional beauty that pulses with natural emotions, lies an unforgettable journey waiting to be embarked upon. Penned by a virtuoso wordsmith, this exciting opus manuals visitors on a psychological odyssey, delicately revealing the latent potential and profound impact embedded within the elaborate web of language. Within the heart-wrenching expanse of this evocative examination, we shall embark upon an introspective exploration of the book is main subjects, dissect their interesting writing fashion, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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