



A PROTEIN PACKED BREAKFAST

*Breakfasts with 30
grams of protein*

Megan Ostler MS, RDN

Protein Breakfast Guide Returns

Ying-Ying Zheng



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Guide to Normal Nutrition and Diet Modification Manual Shands Teaching Hospital and Clinics, 1973

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Medical-surgical Nursing Care Planning Guides Susan Puderbaugh Ulrich, Suzanne Weyland Canale, Sharon Andrea Wendell, 1998 This edition aims to provide the tools to plan comprehensive and individualized patient care in an efficient timely manner helping the reader incorporate nursing diagnosis into nursing practice It includes detailed care plans rationales for the actions in each plan and a separate chapter that addresses 24 of the most commonly used nursing diagnoses in medical surgical nursing Each care plan includes an explanation of the disease process or surgical procedure lists of common diagnostic tests discharge criteria nursing and collaborative diagnoses their aetiologies and actions and specific outcomes and nursing actions for each diagnosis The book comes with a diskette containing 20 care plans

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