

A bright, cozy bedroom scene. In the foreground, a bed with white linens holds an open notebook and a glass of orange juice. To the right, a pair of pink slippers is visible. In the background, a wooden nightstand holds a lamp and an alarm clock. A window with a view of a city is on the left, with two potted plants on a wooden surface in front of it.

# 10 SIMPLE HACKS TO WAKE UP EARLY

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# Sleep Hacks Morning Routine Latest

**F Rizvi**



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