

PERFECT CONDUCT

Ascertaining the Three Vows

NGARI PANCHEN, PEMA WANGYI GYALPO



Commentary by

HIS HOLINESS DUDJOM RINPOCHE

Translated by Khenpo Gyurme Samdrub & Sangye Khandro

Perfect Conduct Ascertaining The Three Vows

Karin Nielsen-Saines



Perfect Conduct Ascertaining The Three Vows:

Perfect Conduct Pema Wangyi Gyalpo, 2015-01-30 All religions teach codes of ethical behavior So too does Buddhism This book is a translation of an indispensable exposition of the three sets of vows that are central to Tibetan Buddhist codes of discipline the pratimoksa vows of individual liberation the vows of the bodhisattva who selflessly strives for the liberation of all beings the vows of the esoteric path of tantra Here the late Dudjom Rinpoche provides his authoritative commentary on the role of ethics and morality in Buddhist practice outlining in detail the meaning and scope of the vows and giving practical advice on maintaining the vows as supportive tools in the journey toward enlightenment

Perfect Conduct Mña'-ris Paṇ-chen Padma-dbañ-rgyal, Bdud-'joms 'Jigs-bral-ye-śes-rdo-rje, 1996 This book fulfills a crucial need for serious students of Buddhism At last we have a handbook in English that explains the full code of discipline along with an elucidation of philosophical principles historical background from the preface by Tulku Thondup

Approaching the Great Perfection Sam Van Schaik, 2004-06-15 From Wisdom's acclaimed Studies in Indian and Tibetan Buddhism series researcher and scholar Sam van Schaik introduces the Nyingma tradition of Tibetan Buddhism looking closely at its practice of Dzogchen and one of Dzogchen's seminal figures Jigme Lingpa to make an extensive analysis of a core tension within Buddhism does enlightenment develop gradually or does it come all at once

The Flight of the Garuda, 2012-08-19 Dzogchen a tradition of the Nyingma school of Tibetan Buddhism is considered by many to be an extremely powerful path to enlightenment This ground breaking book offers translations of four sacred texts of the Dzogchen tradition Secret Instruction in a Garland of Vision The Flight of the Garuda Emptying the Depths of Hell and the Wish Granting Prayer of Kuntu Zangpo With an informative introduction by the translator Flight of the Garuda is an invaluable resource for both practice and scholarship Flight of the Garuda conveys the heart advice of one of the most beloved nonsectarian masters of Tibet Ordained as a Gelug monk the itinerant yogi Shabkar was renowned for his teachings on Dzogchen the heart practice of the Nyingma lineage He wandered the countryside of Tibet and Nepal turning many minds toward the Dharma through his ability to communicate the essence of the teachings in a poetic and crystal clear way Buddhists of all stripes including practitioners of Zen and Vipassana will find ample sustenance within the pages of this book and be thrilled by the lyrical insights conveyed in Shabkar's words Along with the song by Shabkar translator Keith Dowman includes several other seminal Dzogchen texts Dzogchen practice brings us into direct communion with the subtlest nature of our experience the unity of samsara in nirvana as experienced within our own consciousness Within the Nyingma school it is held higher than even the practices of tantra for bringing the meditator face to face with the nature of reality

Great Perfection Dzogchen Rinpoche, 2008-01-15 In the Nyingma School of Tibetan Buddhism the Great Perfection is considered the most profound and direct path to enlightenment The instructions of this tradition present a spiritual shortcut a radically direct approach that cuts through confusion and lays bare the mind's true nature of luminous purity For centuries these teachings have been taught and practiced in secret by

some of the greatest adepts of the Buddhist tradition Great Perfection Outer and Inner Preliminaries contains detailed instructions on the foundational practices of this tradition from The Excellent Chariot a practice manual compiled by the Third Dzogchen Rinpoche Distilling the teachings of the Heart Essence of the Dakinis into an accessible easy to practice format The Excellent Chariot leads the reader through the entire Buddhist path starting with basic Buddhist contemplations that work to dislodge deeply ingrained patterns of thinking and behaving and continuing on to the most advanced and secret meditative practices of the Great Perfection The teachings in this volume are drawn largely from the writings of the great Nyingma master Longchenpa and the root texts of the Heart Essence of the Dakinis itself The Third Dzogchen Rinpoche begins by discussing the correct way to study and practice the Great Perfection teachings before presenting an overview of the Great Perfection lineage and an explanation on the meaning and importance of empowerment In the chapters that follow he presents practical instructions on the outer and inner preliminaries the so called ng ndro practices These practices enable the practitioner to transform and purify the mind preparing it for the advanced Great Perfection meditation of Trekch and T gal the breakthrough and direct leap In addition to the translation mentioned above Great Perfection Outer and Inner Preliminaries contains a beautiful introduction by the Dzogchen Ponlop Rinpoche a contemporary Great Perfection master and an extensive glossary of key Great Perfection terminology

The Oxford Handbook of Buddhist Ethics Daniel Cozort,James Mark Shields,2018-03-08 Many forms of Buddhism divergent in philosophy and style emerged as Buddhism filtered out of India into other parts of Asia Nonetheless all of them embodied an ethical core that is remarkably consistent Articulated by the historical Buddha in his first sermon this moral core is founded on the concept of karma that intentions and actions have future consequences for an individual and is summarized as Right Speech Right Action and Right Livelihood three of the elements of the Eightfold Path Although they were later elaborated and interpreted in a multitude of ways none of these core principles were ever abandoned The Oxford Handbook of Buddhist Ethics provides a comprehensive overview of the field of Buddhist ethics in the twenty first century The Handbook discusses the foundations of Buddhist ethics focusing on karma and the precepts looking at abstinence from harming others stealing and intoxication It considers ethics in the different Buddhist traditions and the similarities they share and compares Buddhist ethics to Western ethics and the psychology of moral judgments The volume also investigates Buddhism and society analysing economics environmental ethics and Just War ethics The final section focuses on contemporary issues surrounding Buddhist ethics including gender sexuality animal rights and euthanasia This groundbreaking collection offers an indispensable reference work for students and scholars of Buddhist ethics and comparative moral philosophy

Love and Liberation Sarah H. Jacoby,2014-09-16 Love and Liberation reads the autobiographical and biographical writings of one of the few Tibetan Buddhist women to record the story of her life Sera Khandro Dew Dorj 1892 1940 was extraordinary not only for achieving religious mastery as a Tibetan Buddhist visionary and guru to many lamas monastics and laity in the Golok region of eastern Tibet but also for her candor

This book listens to Sera Khandro's conversations with deities, dakinis, bodhisattvas, lamas, and fellow religious community members and investigates the concerns and sentiments relevant to the author and to those for whom she wrote. Sarah H. Jacoby's analysis focuses on the status of the female body in Sera Khandro's texts, the virtue of celibacy versus the expediency of sexuality for religious purposes, and the difference between profane lust and sacred love between male and female Tantric partners. Her findings add new dimensions to our understanding of Tibetan Buddhist consort practice, complicating standard scriptural presentations of a male subject and a female aide. Sera Khandro depicts herself and her guru and consort Drim zer as inseparable embodiments of insight and method that together form the Vajrayana Buddhist vision of complete buddhahood. By advancing this complementary sacred partnership, Sera Khandro carved a place for herself as a female virtuoso in the male-dominated sphere of early twentieth-century Tibetan religion.

Three-vow Theories in Tibetan Buddhism Jan-Ulrich Sobisch, 2002. English description: Since the 12th century, a central feature of Buddhism in Tibet was its harmonizing of tantric practice with the moral codes of monastic discipline and Bodhisattva altruism. All masters maintained the vajrayana or tantric path to be superior to the two lower codes, but they described this superiority differently. In the present study, Jan-Ulrich Sobisch explores for the first time in detail the three main strategies maintained by the oldest Tibetan schools for explaining the relations of the three codes. German description: Ein Kernpunkt des tibetischen Buddhismus ist seine Harmonisierung tantrischer Praxis mit dem Moralkodex, klosterlicher Disziplin und dem Altruismus der Bodhisattvas. Alle Gelehrten vertraten die Ansicht, dass Vajrayana bzw. der tantrische Pfad den Regeln der beiden niederen Fahrzeuge überlegen sei. Sie beschrieben diese Überlegenheit jedoch unterschiedlich. In der vorliegenden Studie werden von Jan-Ulrich Sobisch zum ersten Mal die drei hauptsächlichen Strategien im Detail untersucht, die von den ältesten tibetischen Schulen vertreten werden, um das Verhältnis der drei Kodizes zueinander zu erläutern.

The Treasury of Knowledge: Book Eight, Part Four Kong-sprul Blo-gros-mtha'-yas, 2007. In Tibetan religious literature, Jamgon Kongtrül's Treasury of Knowledge in ten books stands out as a unique encyclopedic masterpiece embodying the entire range of Buddhist teachings, as it was preserved in Tibet. Tibetan Buddhist teachers expected their students to study Buddhist philosophical texts as well as practice, reflection, and meditation. Present-day students have also realized that awakening has its source in study as well as in reflection and practice. This volume, Esoteric Instructions, deals with meditation, specifically tantric meditation. Esoteric Instructions is a collection of intimate records of personal teachings by masters that simplify tantric meditations by providing pertinent examples and very personal and helpful hints to disciples based on the master's own experience. Although originally oral in nature, they have been codified and passed down through specific lineages from teacher to student.

The Teacher-Student Relationship Kong-sprul Blo-gros-mtha'-yas, 1999. It is crucial for students of Vajrayana Buddhism to find an authentic wisdom teacher and know how to properly rely upon that teacher in order to awaken to their buddha nature and thereby attain full enlightenment. Fortunately, the topic has been thoroughly explored by Jamgon Kongtrül in the tenth

chapter of *The Treasury of Knowledge* This essential text clearly lays out what credentials and qualities one should look for in a wisdom teacher why a wisdom teacher is necessary and how the relationship between this teacher and disciple best develops once it is established *The Middle Way* ,2008 *A Buddhist Kaleidoscope* Gene Reeves,2002 *A Buddhist Kaleidoscope* Essays on the Lotus Sutra examines what many consider to be the highest teaching of the historical Buddha Shakyamun *Buddhist Kaleidoscope* brings together essays on the Lotus Sutra by an international assembly of Buddhist scholars taking into account historic and modern reflections on the Lotus Sutra Discussions in the book range from *The Lotus Sutra and the Dimension of Time* to *The Lotus Sutra and Health Care Ethics* One essay considers the Lotus Sutra in relation to social obligations while others regard feminist and paternalist readings In his introduction editor Gene Reeves says he tried to include the broadest possible diversity of views offering a complete vision of this important Buddhist scripture

Turning Wheel ,1996 **Treasury of Precious Qualities** Klong-chen Ye-shes-rdo-rje (Bka'-gyur Rin-po-che.),2001 This book is a commentary by a contemporary master 1897 1975 on a portion of an ancient Tibetan Buddhist teaching In the Tibetan tradition it is common for a meditation master to offer explanations and interpretations in this way in order to share his understanding with students and to shed light on centuries old texts that may be difficult for contemporary practitioners to fully understand Such a commentary is usually read at the end of a comprehensive course of study and is designed for seasoned students of Tibetan Buddhism To make the work more accessible to Western Buddhists the translators have added detailed notes and appendixes In this case the well known original text by Jigme Lingpa 1730 1798 presents in elegant verse the entire Buddhist path according to the Nyingma school Because it is pithy and concise and makes use of elaborate poetic language a commentary is indispensable The root text consists of two main sections devoted respectively to the Sutras and the Tantras The Sutra section which is the subject of the present volume covers the ethical psychological and philosophical teachings shared by all schools of Tibetan Buddhism The essential thrust is toward the Mahayana but the text also addresses questions associated with the Hinayana perspective such as the fundamental issues of karma and ethics the four noble truths and the twelvefold chain of dependent arising **The Buddha from Brooklyn** Martha Sherrill,2000 The story of Catharine Burroughs a Jewish Italian woman from Brooklyn who was recognized as a tulka a reborn lama and founded the largest Tibetan Buddhist center in America *Shambhala Sun* ,1996 **Taking the Kalachakra Initiation** Alexander Berzin,1997 Fully prepares the aspirant for what is required before during and after the initiation *Introducing Tibetan Buddhism* Geoffrey Samuel,2012 *Introducing Tibetan Buddhism* is the ideal starting point for students wishing to undertake a comprehensive study of Tibetan religion This lively introduction covers the whole spectrum of Tibetan religious history from early figures and the development of the old and new schools of Buddhism to the spread and influence of Tibetan Buddhism throughout the world Geoffrey Samuel covers the key schools and traditions as well as Bon and bodies of textual material including the writings of major lamas He explores aspects such as the path to liberation through Sutra and Tantra

teachings philosophy ethics ritual and issues of gender and national identity Illustrated throughout the book includes a chronology glossary pronunciation guide summaries discussion questions and recommendations for further reading to aid students understanding and revision Provided by publisher A Marvelous Garland of Rare Gems
Jam-dbyans-rdo-Rje, 'Jam-dbyaṅs-rdo-rje (Smyo-śul Mkhan-po.), Richard Barron, 2005 Presents a comprehensive history of the Nyingtik lineage which forms the core of the teachings known as Dzogchen *Wisdom Nectar* Bdud-'joms
'Jigs-bral-ye-śes-rdo-rje, 2005-06-30 This volume contains a generous selection of inspiring teachings and writings the core of which is a lengthy discussion of the entire path of Dzogchen

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