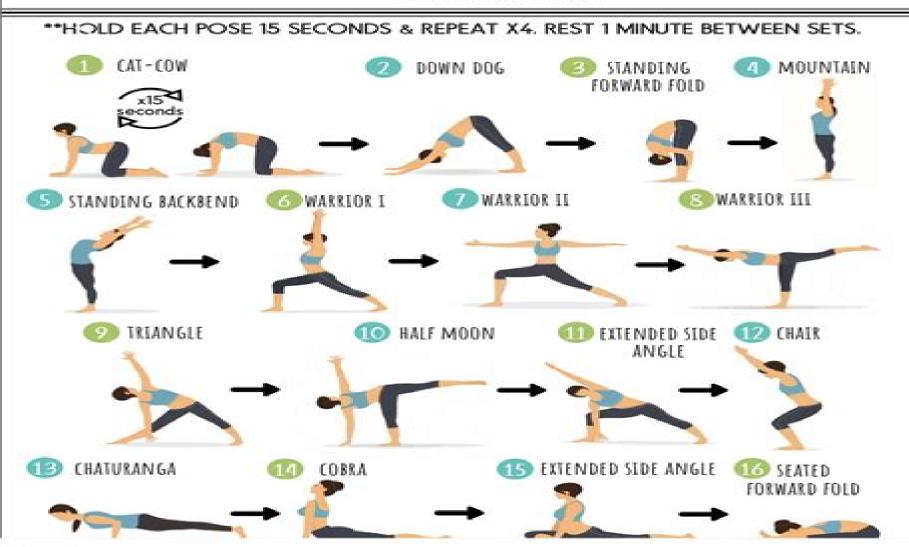




ULTIMATE BEGINNER FLOW

workout by GROUNDED PANDA



Yoga For Beginners Guide

Trey Andrews



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