

NETFLIX & WALK

A woman with long brown hair, wearing a bright pink tank top and dark blue shorts, stands in a living room. She is smiling and looking towards the camera. Behind her is a white fireplace with a brick interior. Above the fireplace is a large, round, gold-framed mirror. To the left of the fireplace is a small wooden shelf with a potted plant and some decorative items. To the right is a white door with glass panes and a trailing plant hanging from the top. The room has light-colored walls and a brown carpet.

20 MIN INDOOR WALKING WORKOUT!

Walking Workout Netflix Ideas

K Morrison



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