

Skill Sheet 3-1

Checking a Responsive Person *unaid*

1. Provide care for any conditions found

- If vital checks reveal signs or symptoms of an injury or illness, call 9-1-1 or the designated emergency number or transport the person care according to the conditions that you find and your level of knowledge and training. Be alert to signs that the person's condition is worsening.
- If the person has no apparent signs or symptoms of injury or illness, head-tilt or jaw-thrust in a nonresponsive person. Continue to watch for changes in the person's condition.

Skill Sheet 3-2

Checking a Person Who Appears to Be Unresponsive

- Check for responsiveness and breathing. Shout to get the person's attention, using the person's name if you know it. If there is no response, tap the person's shoulder. If the person is not seen or heard or the bottom of the person's foot or the person is not visible, and about again while checking for normal breathing.

- Check for responsiveness and breathing for no more than 10 to 15 seconds.
- Lookout or respondently grasping to not-normal breathing.



- If the person responds and is breathing normally but is not fully awake:

- Begin someone to call 9-1-1 or the designated emergency number and/or obtain an AED and first aid kit.
- Interview bystanders (using Bystander as a guide) and use a head-to-toe check to gather more information.
- Place the person into the recovery position for rolling the person onto their left side.



- If the person does not respond and is not breathing or is only gasping:

- Begin someone to call 9-1-1 or the designated emergency number and to obtain an AED and first aid kit (if you are alone, complete these actions yourself).
- If the person is face down, carefully roll the person onto their back. If necessary, move the person to a firm, flat surface.
- Immediately begin CPR (starting with compressions) and use an AED as soon as possible, if you are trained to do so.



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