# INSTAGRAM POSTING SCHEDULE

Recommendation for March 2023

MON

1 Reel, 4 Stories, 1 Carousel, 1 Sale Story

TUE

1 Reel, 4 Stories, 1 Single Post, 1 lead gen story

WED

1 Reel, 4 stories, 1 Single post, 15 mins live

THU

1 Reel, 4 stories, 1 Carousel, 1 Sale story

FRI

1 Reel, 4 Stories, 1 Single Post, 1 lead gen story

SAT

1 Reel, 4 stories, 1 Single post, 15 mins live

SUN

1 Reel, 4 stories, 1 Carousel, 1 BTS story

# **Instagram This Week**

Sean D. Young

**Instagram This Week:** 

Discover tales of courage and bravery in Crafted by is empowering ebook, **Instagram This Week**. In a downloadable PDF format ( Download in PDF: \*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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