# **NIKE BOYS YOUTH SIZING**

| 10     | XS         | S         | М          | L          | XL        |
|--------|------------|-----------|------------|------------|-----------|
| Age    | 7-8        | 8-10      | 10-12      | 12-13      | 13-15     |
| Chest  | 25.5-27    | 27-29     | 29-31      | 31-33.5    | 33.5-36.5 |
| Waist  | 23.5-24    | 24-25     | 25-27      | 27-28      | 28-29.5   |
| Hip    | 27-28      | 28-29.5   | 29.5-31.5  | 31.5-33.5  | 33.5-35   |
| Height | 3'11"-4'3" | 4'3"-4'7" | 4'7"-4'11" | 4'11"-5'3" | 5'3"-5'7" |

# **NIKE GIRLS YOUTH SIZING**

| 11     | XS         | S           | M          | L          | XL          |
|--------|------------|-------------|------------|------------|-------------|
| Age    | 7-8        | 8-10        | 10-12      | 12-13      | 13-15       |
| Chest  | 25.5-27    | 27-29 29-31 |            | 31-33.5    | 33.5 - 36.5 |
| Waist  | 23.5-24    | 24-25       | 25-27      | 27-28      | 28-29.5     |
| Hip    | 27-29      | 29-31       | 31-33      | 33-35      | 35-37       |
| Height | 3'11"-4'3" | 4'3"-4'7"   | 4'7"-4'11" | 4'11"-5'3" | 5'3"-5'7"   |

### **NIKE MENS SIZES**

|                | S       | M       | L     | XL      | 2XL       | ЗXL       |
|----------------|---------|---------|-------|---------|-----------|-----------|
| Chest          | 35-37.5 | 37.5-41 | 41-44 | 44-48.5 | 48.5-53.5 | 53.5-58   |
| Waist          | 29-32   | 32-35   | 35-38 | 38-43   | 43-47.5   | 47.5-52.5 |
| Hip            | 35-27.5 | 37.5-41 | 41-44 | 44-47   | 47-50.5   | 50.5-53.5 |
| Regular Inseam | 32.25   | 32.50   | 32.75 | 33      | 33.25     | 33.50     |
| Short Inseam   | 30.25   | 30.50   | 30.75 | 31      | 31.25     | 31.50     |
| Long Inseam    | 34.25   | 34.50   | 34.75 | 35      | 35.25     | 35.50     |

### **NIKE WOMENS SIZES**

|                | XS        | S         | M       | L         | XL        | 2XL       |
|----------------|-----------|-----------|---------|-----------|-----------|-----------|
| Bust           | 29.5-32.5 | 32.5-35.5 | 35.5-38 | 38-41     | 41-44.5   | 44.5-48.5 |
| Waist          | 23.5-26   | 26-29     | 29-31.5 | 31.5-34.5 | 34.5-38.5 | 38.5-42.5 |
| Hips           | 33-35.5   | 35.5-38.5 | 38.5-41 | 41-44     | 44-47     | 47-50     |
| Regular Inseam | 31.25     | 31.25     | 31.50   | 31.50     | 31.75     | 31.75     |
| Long Inseam    | 33.25     | 33.25     | 33.5    | 33.5      | 33.75     | 33.75     |
| Short Inseam   | 29.25     | 29.25     | 29.5    | 29.5      | 29.75     | 29.75     |

### **Nike Standards Guide**

**Sebastian Brünink** 



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