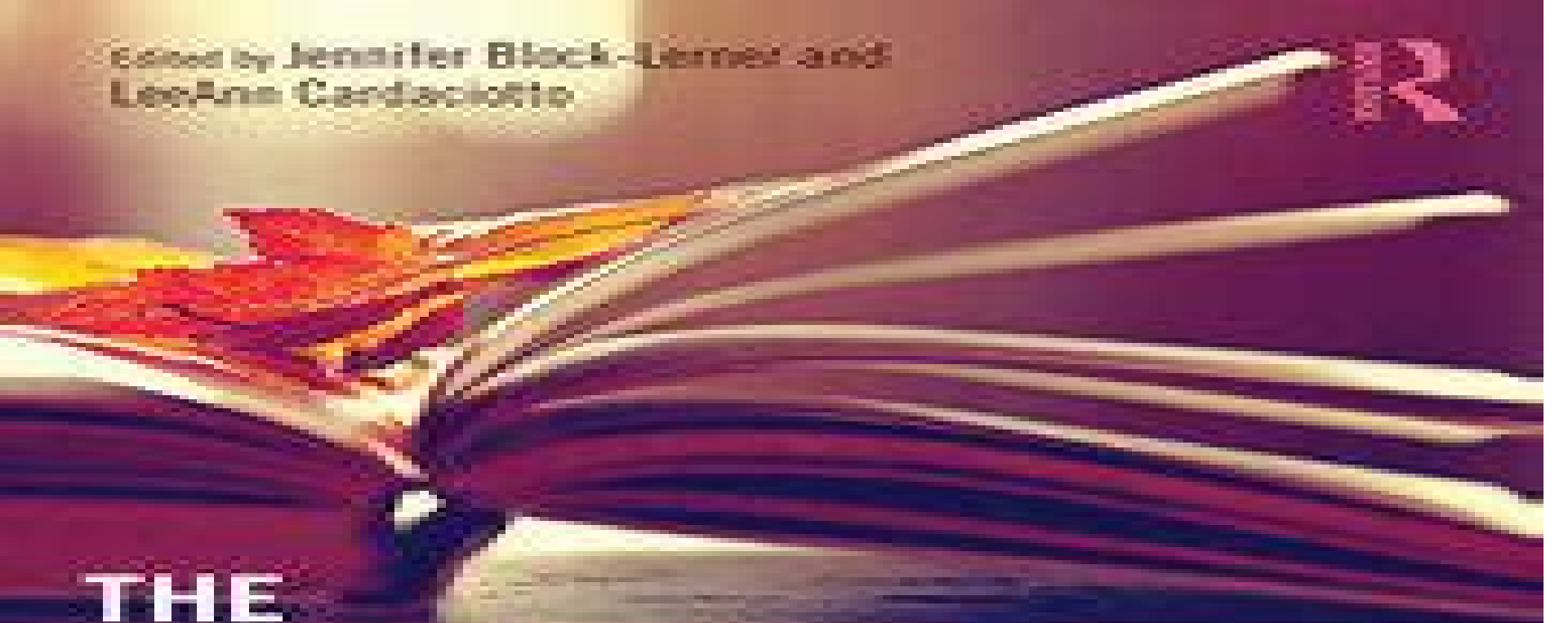




Edited by Jennifer Block-Lerner and  
LeeAnn Cardaciotti

# THE Mindfulness- Informed EDUCATOR

Building Acceptance and Psychological  
Flexibility in Higher Education

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