

# PeopleSmart

Developing Your Interpersonal Intelligence

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Author of the bestselling Active Training
with Freda Hansburg, Ph.D.



# **Peoplesmart Developing Your Interpersonal Intelligence**

**USDrug RehabCenters** 

## **Peoplesmart Developing Your Interpersonal Intelligence:**

**PeopleSmart** Melvin L. Silberman, Freda Hansburg, 2000-06-12 Two psychologists explain the benefits of refining enhancing and applying people skills in professional and personal situations Includes a five step plan to develop and practice **PeopleSmart** Melvin Silberman and Freda Hansburg, 2011-08-18 Two psychologists explain the skills in various settings benefits of refining enhancing and applying people skills in professional and personal situations Includes a five step plan to develop and practice skills in various settings Working PeopleSmart Mel Silberman, Freda Hansburg, 2004-07-01 Bringing out the best in others is good business When we bring both respect and interpersonal savvy to our work relationships we do more than make people feel good We enhance personal and organizational performance And as the workplace grows more complex and competitive managing our work relationships becomes even more essential and difficult Now more than ever we need to work people smart Working PeopleSmart describes the six core strategies used by people smart individuals and shows how to apply them in the toughest workplace situations Individuals who are people smart know how to open others up rather than make them defensive or resistant They have a knack for diffusing tension rather than creating it They set a good example through their own behavior on the job and can inspire and influence others with less developed skills Working PeopleSmart can serve as your virtual coach to guide you through difficult work relationships skillfully How do you deal with a critical colleague Make your boss listen to you React to an offensive joke Get the resources you need The authors look at over 50 real life situations and offer people smart prescriptions for handling them effectively They provide coaching tips for each scenario and describe exactly what a people smart response sounds like As two psychologists with both organizational and clinical expertise coauthors Mel Silberman and Freda Hansburg are highly qualified to deliver the message that we can emerge from even the toughest interpersonal moments on the job with dignity and grace Where other books rely on typologies that categorize people according to their interpersonal styles and then offer advice on how to deal with each type the strategies described in Working PeopleSmart are straightforward and universal They can be used immediately to deal with any type of person or any situation no matter how difficult or sensitive

**PeopleSmart** Freda Hansburg,2000 It turns out that when you become savvy about other people or people smart you become smarter about yourself as well That s the hidden practical message in Mel Silberman and Freda Hansburg s intelligent new book They bring their considerable expertise and hands on experience to bear in these lessons on building interpersonal skills Simply laid out yet well written and concise the book walks you through the sets of skills you need to master As you learn to understand and apply them you gradually sense the impact these skills can have on your ability to lead and excel getAbstract recommends this book to those who are interested in improving their people skills and remember you re a people too **Working PeopleSmart**, 2004 Bringing out the best in others is good business When we bring both respect and interpersonal savvy to our work relationships we do more than make people feel good We enhance personal and

organizational performance And as the workplace grows more complex and competitive managing our work relationships becomes even more essential and difficult Now more than ever we need to work people smart Working PeopleSmart describes the six core strategies used by people smart individuals and shows how to apply them in the toughest workplace situations Individuals who are people smart know how to open others up rather than make them defensive or resistant They have a knack for diffusing tension rather than creating it They set a good example through their own behavior on the job and can inspire and influence others with less developed skills Working People Smart can serve as your virtual coach to guide you through difficult work relationships skillfully How do you deal with a critical colleague Make your boss listen to you React to an offensive joke Get the resources you need The authors look at over 50 real life situations and offer people smart prescriptions for handling them effectively They provide coaching tips for each scenario and describe exactly what a people smart response sounds like As two psychologists with both organizational and clinical expertise coauthors Mel Silberman and Freda Hansburg are highly qualified to deliver the message that we can emerge from even the toughest interpersonal moments on the job with dignity and grace Where other books rely on typologies that categorize people according to their interpersonal styles and then offer advice on how to deal with each type the strategies described in Working PeopleSmart are straightforward and universal They can be used immediately to deal with any type of person or any situation no matter how They Just Don't Get It! Leslie Yerkes, Randy Martin, 2005-06-12 This book provides solutions for difficult or sensitive two of the most common problems expressed by individuals and organizations in their work and personal relationships ineffective communication and resistance to change The Active Manager's Tool Kit Mel Silberman, 2003-02-22 Dozens of customizable performance improvement tools Mel Silberman's bestselling books on Active Training have sold more than 68 000 copies In The Active Manager's Tool Kit Silberman takes his trademarked approach to Active Training and applies it to Active Managing Instead of telling employees what to do and sitting back to wait for results active managers conduct team building motivate coach and guide their direct reports to be self directing accountable and team oriented The Active Manager's Tool Kit is full of work sheets and reproducible tools that can be downloaded from the Web and customized or photocopied These include reproducible job aids for employees performance improvement activities that managers can use to train their own teams and questionnaires that help both manager and employees assess how well they are doing The tools in this book enable the active manager to coach and lead effectively How to Make Collaboration Work David Straus, 2002-10-02 The coauthor of How to Make Meetings Work offers five time tested principles for making collaborative The Leadership Experience Richard L. Daft, Pat Lane, 2002 Packed efforts more effective efficient and even enjoyable with interesting examples and real world leadership this readable upper level textbook helps students develop an understanding of theory while acquiring the necessary skills and insights to become effective leaders It is written for courses teaching leadership theory and application Inteligencia Interpersonal Mel Silberman, Freda Hansburg, 2001 Todos

nosotros debemos participar en un momento u otro en un determinado marco social ya que inevitablemente terminamos por tratar con muchas personas diferentes durante nuestras vidas Por eso es importante saber qu ventajas podemos obtener de esta qui a eminentemente prictica este libro detalla las ocho habilidades esenciales de la inteligencia interpersonal y proporciona un poderoso sistema para lograr ser m s efectivo en nuestras relaciones personales ya sea con jefes compa eros de trabajo c nyuges familia o amigos **Developing Management Skills: What Great Managers Know and Do Timothy** Baldwin, William Bommer, Robert Rubin, 2007-03-12 Management Skills by Baldwin Bommer Rubin distinguishes itself by exclusively focusing on teaching relevant skills its learner centered writing and its evidence based foundation This text s problem based approach draws students in with several fundamental and specific questions or challenges in the Manage What feature opening every chapter The learner centered writing style and the focus on the actual skills that matter to career success as well as the chapter ending Tool Kits make this text a keeper **Exchanging Feedback Mel** Silberman, Freda Hansburg, 2000-06 Competency & Emotional Intelligence Quarterly, 2000 The Publishers Today's Black Woman ,2002-08 Becoming a Master Manager Robert E. Quinn, 2007 Practical Weekly ,2000 strategies for building strong managerial skills With the new Fourth Edition of Becoming a Master Manager A Competency Framework you can build practical skills in every area of managerial competency skills you ll need to thrive in the diverse situations and challenges of the new millennium The text guides you through eight interactive learning modules covering different leadership roles including director producer mentor facilitator coordinator monitor innovator and broker Features designed to help you become a master manager The text s Competing Values Framework helps you develop new ways of thinking about the competing tensions and demands that are placed on managers The authors unique skills based approach prepares you for today s management challenges A highly effective five step learning model assessment learning analysis practice and application helps you develop core leadership competencies Real world managerial examples illustrate key concepts and offer insight into the roles that managers play in real companies Coverage of timely topics such as emotional intelligence mentoring coaching and life balance will help you keep pace with today s rapidly changing workplace

Human Relations for Career and Personal Success Andrew J. DuBrin, 2001-07 For undergraduate courses in Human Relations Applied Psychology Human Relations in the Workplace and Career Development also appropriate for a course in Interpersonal Skills Training This motivating and conversational text helps students achieve better interpersonal relationships at home and on the job by providing them with essential knowledge about human relations FYI Michael M. Lombardo, Robert W. Eichinger, 2009 For learners managers mentors and feedback givers Enterprise, 2001 Black Enterprise, 2000-08

The Top Books of the Year Peoplesmart Developing Your Interpersonal Intelligence The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous compelling novels captivating the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the captivating narratives that have captivated audiences this year. Peoplesmart Developing Your Interpersonal Intelligence: Colleen Hoovers "It Ends with Us" This touching tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Peoplesmart Developing Your Interpersonal Intelligence: Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This spellbinding historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic: Delia Owens "Where the Crawdads Sing" This evocative coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens weaves a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These bestselling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he guickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a exceptional and gripping novel that will keep you speculating until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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