

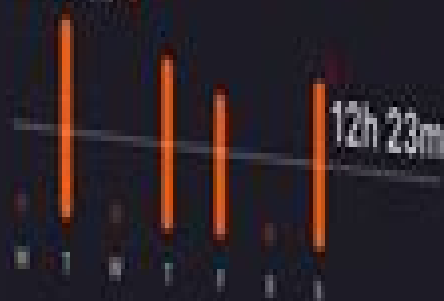
Sleep Disruption

Compared to the previous week your average disruptions per per session increased and their average duration decreased.

Disruptions



Duration



21-28 DEC 2019

Sleep disruption

week

Month

Year

21-27 Feb 2022

min

100

80

60

40

20

0

S

M

T

W

T

F

S

S

Disruptions

Duration

Compare with

None 

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