

RESEARCH ARTICLE

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Separating obsessive-compulsive disorder from the self. A qualitative study of family member perceptions

Rebecca Podley^{1,2*} , Penny Bee², Katherine Berry³ and Alison Wearden³

Abstract

Background: Obsessive-compulsive disorder (OCD) is a condition which can have major effects on the life of both the sufferer and their family members. Previous research has shown that the impact of illness on family members is related to their conceptualisation of the illness. In the present study we used qualitative methods to explore illness perceptions in family members of people with OCD.

Method: Fourteen family members of people meeting diagnostic criteria for OCD within the previous year took part in a semi-structured interview. Transcribed interviews were analysed using thematic analysis.

Results: OCD was viewed as originating from non-modifiable endogenous factors, particularly personal characteristics. Ambiguity about the boundary between OCD and the person was further heightened by a lack of distinction in family members' interpretations about which behaviours were a problematic symptom of a mental health problem and which were behaviours performed for enjoyment or the purposeful pursuit of a goal. The perceived close relationship between OCD and the person appeared to lead to pessimism regarding the likelihood of recovery. Some individuals viewed OCD as presenting on a continuum such that individuals with sub-clinical symptoms exist on the same spectrum as those with the mental health problem. For some however, labelling of sub-clinical symptoms as OCD by members of the public was a source of frustration for families, who felt that the severity of OCD was unrecognised.

Conclusions: Family members' perceptions of the link between OCD and the person and of a spectrum of OCD presentation within the general population, may represent important dimensions of illness perception, which are not currently represented within existing models or assessment measures of illness perception. The perceptions that individuals hold about a health problem have been shown to be important in determining their coping responses to that condition. Further study using larger samples and quantitative methods are needed to understand whether these novel perceptions are associated with coping responses and outcomes in family members and people with OCD. If linked, clinicians may need to identify and challenge unhelpful family member perceptions as part of psychological therapy for families living with OCD.

Keywords: Obsessive-compulsive disorder, OCD, Illness perceptions, Beliefs

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Pdf When Family Member Has Obsessive Compulsive

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Obsessive Compulsive Disorder Leslie J. Shapiro, 2020-07-23 A comprehensive introduction to one of the most common psychiatric disorders a condition that results in intrusive irrational thoughts and or repetitive illogical physical or mental actions Titles in this Health and Psychology Sourcebooks series address psychological physical or environmental conditions that threaten human health and wellbeing This book presents a comprehensive overview of OCD one of the five most common psychiatric disorders Obsessions range from those associated with contamination safety and order or symmetry to scrupulosity or the need to do the right thing Compulsions range from counting touching and tapping to excessive cleaning washing arranging or even hoarding Written by a therapist among the most experienced in the world in dealing with this disorder this book covers the incidence symptoms diagnosis history development and causes as well as the effects and costs of OCD It also addresses theory research and treatments and offers insight into and case studies illustrating how the disorder displays in society at work and in relationships A glossary of terms suggested further readings and resource websites and organizations listing are included

Child and Adolescent Psychopathology for School Psychology Terry Diamanduros, P. Tysinger, Jeffrey Tysinger, Pamela Fenning, 2022-02-23 This is the only text to address child and adolescent psychopathology from the viewpoint of the school psychologist Integrating comparing and distinguishing DSM 5 diagnoses from IDEA disability classifications it provides a comprehensive overview of mental health conditions in this population This book addresses the impact of these conditions at school and at home along with a description of practical evidence based educational and mental health interventions that can be implemented in school environments It addresses the role of the school psychologist and details a variety of educational supports and school based mental health services as they apply to specific conditions This resource provides comprehensive coverage of school psychologists responsibilities including assessment educational and skill based interventions and supports consulting with key stakeholders and advocacy Case studies address classification issues and varied approaches psychologists can use to support students Chapters provide a variety of features to reinforce knowledge including quick facts discussion questions and sources for additional resources Instructor s ancillaries include instructor s manual test questions and mapping to NASP domains as well as PowerPoints and a test bank Purchase includes digital access for use on most mobile devices or computers Key Features Provides a school psychological approach to addressing a full gamut of child adolescent mental health problems at school and at home Integrates compares and distinguishes DSM 5 diagnoses IDEA disability classifications and other legal protections i e Section 504 for each disorder Covers the impact of various disorders on a child s ability to learn and function in the classroom Addresses practical evidence based educational supports and school based mental health services suited to specific disorders Includes case studies addressing classification issues and delineating practical student supports

Psychiatric-Mental Health Guidelines for Advanced Practice Nurses Brenda Marshall, Julie Bliss, Suzanne Drake, 2024-11-20 Delivers a

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Drug Information Handbook for Psychiatry, 2005 Psychotropic Drug Information Handbook Matthew A. Fuller, Martha Sajatovic, 2005

The Medical Library Association Encyclopedic Guide to Searching and Finding Health Information on the Web: Diseases and disorders P. F. Anderson, Nancy J. Allee, 2004 Annotation Searching for health information may be the most important type of search a librarian performs in a day Instead of starting a health care search with a blank computer screen or simply accessing ordinary information available most anywhere on the Web start with help from the prestigious Medical Library Association Each entry will show you how an experienced health sciences librarian would approach the question You can begin a truly valuable search knowing Special searching issues What to ask Where to start Supplementary search strategies Topic profile Recommended search terms and important sites Hotline phone numbers FAQs Publications on the Internet Professional organizations Patient support organizations and discussion groups Best One Stop Shops Finally there s one ready reference source written by librarians to help their colleagues that covers every important aspect of the question you or your user want to answer

Obsessive-compulsive Disorder Mitzi Waltz, 2000

Obsessive compulsive disorder OCD is one of the most common psychiatric problems faced by children although frequently not diagnosed or treated. Many children diagnosed with OCD also turn out to have other brain based disorders particularly ADD ADHD. Childhood OCD can be a truly debilitating disability not just a minor problem or personality quirk. Children with OCD experience extreme anxiety and embarrassment. Their OCD symptoms often prevent them from building good relationships, from achieving their best in school and from having a normal childhood. The effects of this disruption can be painful and lifelong. The good news is that OCD is very treatable. Obsessive Compulsive Disorder helps parents secure a diagnosis, manage family life, understand medical interventions, explore therapeutic and other interventions, get care with an existing health plan even with no coverage of mental disorders.

Author: Mitzi Waltz, an advocate for children's neurological issues, has included the stories of dozens of parents and adolescents. *CURRENT Diagnosis and Treatment Pediatrics, Twenty-Fourth Edition* William W. Hay, Myron J. Levin, Robin R. Deterding, Mark J. Abzug, 2018-06-01. A concise yet comprehensive source of current information on the medical problems of children from birth through adolescence. A Doody's Core Title for 2019. A practical up to date well referenced guide to the diagnosis and treatment of the most commonly seen medical conditions in children. Excellent coverage of The Council on Medical Student Education in Pediatrics COMSEP curriculum used in pediatric clerkship. 46 chapters cover a wide range of topics including neonatal medicine, child development and behavior, emergency and critical care medicine and diagnosis and treatment of specific disorders according to major problems, etiologies and organ systems. A wealth of tables and figures provide quick access to important information such as acute and critical care procedures in the delivery room, the office, the emergency room and the critical care unit, anti-infective agents, drug dosages, immunization schedules, differential diagnoses and developmental disorders. Includes detailed descriptions of diseases as well as diagnostic and therapeutic procedures. Complete with handy guide to normal laboratory values. Presented in the consistent easy to follow CURRENT format. Valuable to medical students, pediatric residents, pediatricians, family practitioners, nurses, nurse practitioners, physician assistants and other healthcare providers who work with infants, children and adolescents. Authors are practicing pediatricians to ensure that each chapter reflects the needs and realities of day to day practice.

When a Family Member Has OCD Jon Hershfield, 2015-12-01. When someone has obsessive compulsive disorder OCD, it can affect their entire family. Based in proven effective cognitive behavioral therapy (CBT) and mindfulness, *When a Family Member Has OCD* offers an essential guide to help family members cope with their loved one's compulsive behaviors, obsessions and constant need for reassurance. Family members will also learn ways to understand and communicate with each other when OCD becomes a major part of family life. The book includes comprehensive information on OCD and its symptoms as well as advice for each affected family member.

Foundations of Adult Health Nursing Lois White, 2005. *Foundations of Adult Health Nursing* is written following the Nursing Process format. The clinical chapters have been revised to include Nursing Management sections for each disorder, emphasizing the nurse's

role in providing competent client care Nursing Outcomes Classification NOC and Nursing Interventions Classification NIC have been identified in each Nursing Care Plan A Case Study included in each chapter uses critical thinking questions to assist the user through the nursing process and to develop a customized plan of care for the client in the scenario The last chapter Integration has been included to assist the user in understanding the complexity of human illness and how a disorder in one body system affects other body systems Special features throughout the book are specially designed to emphasize specific information such as Life Cycle Considerations Client Teaching Infection Control Safety Community Home Health Care Cultural Considerations and Professional Tips Critical Thinking Questions are included throughout the book to encourage the user to apply the chapter s content At the end of each chapter readers will find a Summary and Review Questions along with References Suggested Readings and Resources

CURRENT Diagnosis and Treatment Pediatrics, Twenty-Third Edition William W. Hay, Myron J. Levin, Robin R. Deterding, Mark J. Abzug, 2016-04-22 The classic on the go guide to pediatric practice and most up to date resource on the diagnosis understanding and treatment of the medical problems of children from birth through adolescence A Doody s Core Title for 2017 Known as the go to resource for pediatric care Current Diagnosis and Treatment Pediatrics is updated every two years to keep it relevant concise and practical enough for everyday use As always the 23rd edition contains critical updates Current Diagnosis and Treatment Pediatrics Twenty Third Edition features the popular easy to follow Lange Current outline format Problem Essentials of Diagnosis and Treatment Clinical Findings Differential Diagnosis Treatment and Prognosis The content is organized by general topics as well as by organ systems This guide provides concise evidence based information on a wide range of pediatric medical conditions and topics including childhood nutrition and eating disorders substance abuse psychiatric disorders child abuse oral medicine and dentistry immunization and emergencies and injuries With its comprehensive scope and clinical focus there is no better more usable resource for your pediatric practice and no text so up to date Why Current Diagnosis and Treatment Pediatrics is the ultimate clinical companion All topics are thoroughly updated with the latest research findings Includes specific disease prevention recommendations Extensive use of decision speeding diagnostic and treatment algorithms and tables Up to date references with unique identifiers PubMed PMID numbers allow for rapid review of the evidence based source material Written by experienced pediatricians to ensure that every chapter reflects the needs and realities of practice Complete with valuable guide to normal laboratory values

Youth with Special Needs Barbara Huntington, 2007

CURRENT Diagnosis and Treatment Pediatrics, Twenty-Second Edition William W. Hay Jr., Myron J. Levin, Robin R. Deterding, Mark J. Abzug, 2014-04-20 The most up to date easy to use guide to the diagnosis understanding and treatment of the medical problems of children from birth through adolescence For more than 70 years professors students and clinicians have trusted LANGE for high quality current concise medical information in a convenient affordable portable format Whether for coursework clerkships USMLE prep specialty board review or patient care there s a LANGE

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CURRENT Diagnosis and Treatment Pediatrics, Nineteenth Edition William Hay, Myron Levin, Robin Deterding, Judith Sondheimer, 2008-09-22 The Classic On the Go Guide to Pediatric Practice Now More Current and Essential Than Ever A Doody's Core Title CURRENT Diagnosis and Treatment Pediatrics has long been the go to guide for students residents and practitioners looking for concise reliable and up to date information It continues to provide succinct up to date and clinically relevant coverage of how to assess and treat common disorders in children from eating disorders and cardiovascular diseases to STDs Features Easy to follow LANGE CURRENT outline format Problem Essentials of Diagnosis and Typical Features Clinical Findings Differential Diagnosis Treatment Prognosis Organized by general topics such as care of the newborn and community pediatrics as well as by organ system and specific disease problems Essentials of Diagnosis and Typical Features provide instant guidance on identifying both common and rare problems Accessible overviews of important pediatric health concerns including substance abuse psychiatric disorders child abuse and neglect normal childhood nutrition and its disorders and emergencies and injuries NEW to this edition chapter on Sport Medicine a key area of pediatrics for which students and residents state they need more training ACGME survey completely reorganized section on Infectious Diseases reflecting the most recent clinical perspectives expanded section on lab and reference values

Pharmacotherapy Casebook: A Patient-Focused Approach, 10/E Terry L. Schwinghammer, 2017-06-22 More than 150 patient cases teach you how to apply the principles of pharmacotherapy to real world clinical practice The essential study companion to DiPiro's Pharmacotherapy A Pathophysiologic Approach 10th Edition Pharmacotherapy Casebook A Patient Focused Approach uses 157 patient cases to help you develop the skills necessary to identify and resolve the most common drug therapy problems encountered in daily clinical practice The case chapters are organized into organ system sections that correspond to those of the companion textbook This proven effective case based approach makes the book perfect for PharmD Nursing Nurse Practitioner and other allied health courses Sharpen your ability to Identify actual or potential drug therapy problems Determine the desired therapeutic outcome Evaluate therapeutic alternatives Design an optimal individualized pharmacotherapeutic plan Develop methods to evaluate the therapeutic

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