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Michael Rajnik



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Das erste Buch der Autorin Naturseifen Sieden ohne Palm l ist bereits vor einiger Zeit erschienen Dort wird eingehend auf den Herstellungsprozess der Naturseifen sowie auf verschiedene Tipps und Tricks eingegangen Auch die Eigenschaften der verschiedenen le wird ua beschrieben Dieses Buch unterscheidet sich deutlich von dem ersten Teil Das Hauptaugenmerk liegt auf den Rezepten welche die Autorin selbst zusammengestellt hat Die Grundz ge des Seife Siedens werden kurz erkl rt danach schlie t der gro e Rezeptteil an *Naturseifen selbst sieden* Ingeborg Josel,2021-05-27 *Seifensieden f r Selberrmacher* Gesunde Seifen f r alle Hauttypen ohne die Verwendung halbfertiger Ausgangsprodukte pr sentiert dieses Buch Gesundheitsbewusste Selberrmacher die gerne wissen was sie an ihre Haut heranlassen stehen mit dem Buch *Naturseifen selbst sieden* von Ingeborg Josel garantiert nicht auf der Seife Im Gegenteil Denn die Autorin pr sentiert in ihrem neuen Praxisbuch Schritt f r Schritt den Weg zur fertigen Seife und zwar wirklich ausgehend von den Grundprodukten Andere Anleitungen empfehlen ja oft die Verwendung fertiger Seifenflocken Doch Seifensieden f llt nicht schwer beachtet man die wenigen einfachen Grundregeln die hier mit vielen Ablauf und Detailfotos anschaulich erl utert werden Rund 50 Seifenrezepte mit unterschiedlichen Duft und Wirkstoffen werden vorgestellt wobei die Eignung der einzelnen Seifen f r den jeweiligen Hauttyp thematisiert wird Die Herstellung spezieller Seifen wie von Kern Salz oder Bierseife steht genauso im Mittelpunkt wie Ideen um aus selbst gemachten Seifen nette Geschenke zu basteln beispielsweise in Form einer Seifentorte Die Autorin Ingeborg Josel betreibt eine kleine aber feine Seifenmanufaktur im ober sterreichischen Almtal Dar ber hinaus bietet sie im Seifenladen in Graz neben den kosmetischen Rohstoffen auch Selberrmacherkurse zum Thema Naturkosmetik und Seifensieden an 2014 ist ihr Buch *Cremes und Salben selbst ger hrt* im Leopold Stocker Verlag erschienen *Seife selber machen für Einsteiger: Schritt für Schritt Ihre Naturseife ganz leicht selber sieden für eine hautschonende, umweltfreundliche und natürliche Körperpflege* Luisa Moschner,2020-10-09 Wenn Sie bis jetzt noch nicht dar ber nachgedacht haben Seifer selber herzustellen ist das berhaupt nicht schlimm In diesem Buch bekommen Sie alles vermittelt was Sie ben tigen Es soll Sie nicht nur motivieren sich selbst an der Seifenherstellung zu versuchen sondern auch zeigen wie einfach es geht und wie viel besser es ist als Produkte zu kaufen Dabei sind die M glichkei ten genauso vielf ltig und der Kreativit t sind keine Grenzen gesetzt Entscheiden Sie selbst dar ber was Sie an Ihre Haut lassen und worauf Sie verzichten m chten Hierbei erfahren Sie genau wie es funktioniert und Sie werden Schritt f r Schritt verst ndlich angeleitet Ich m chte

Ihnen zeigen wie viel Spaß die Herstellung bringen kann mit zahlreichen Rezepten zum Anregen und Nachmachen Mit viel Freude sage ich also In die Küche fertig los Das erwartet Sie Warum Naturkosmetik Die Vorteile selbstgemachter Seife Was ist Seife und wie wirkt sie Rezeptsammlung die Arten von Seife Schritt für Schritt Anleitungen Lagerung und Umgang mit Seife und vieles mehr

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