

2025



Reading Challenge



Goodreads Choice Tips

Vee Freir



Goodreads Choice Tips:

111 Tips on How to Market Your Book for Free Doris-Maria Heilmann, 2021-03-31 This second totally revised expanded and updated edition of the popular book marketing guide shows writers and publishers how to market books for free Confused about how to build an author platform Frustrated with slow marketing progress Discover how to create a viable online author presence in this valuable and informative book e 111 Tips on How to Market Your Book for Free Detailed Plans and Smart Strategies for Your Book's Success Creating an online presence can be a daunting task for the author Promoting yourself and a book can quickly lead to becoming overwhelmed Strategize your writing career by planning how to publish publicize and launch your book Learn how to get your books in bookstores and libraries and successfully contact television and radio stations and bloggers Develop a solid plan to market your book and watch your sales grow Are you ready to elevate your book promotion For newcomers and seasoned authors e 111 Tips on How to Market Your Book for Free e delves deeply into the mechanics of taking your writing career to the next level With more links and resources this book can easily become invaluable to the writer Although it may be dense with information the content is much more detailed Reviewer e I liked the author's tips on how to build online relationships As someone who avoids social media it has been the bane of my author's existence I really appreciated how the author breaks down how to work on social media Short to the point succinct Finally I get it I am so excited to implement so many of these ideas I was also thrilled to read the section on how to pitch to television and radio Another superb writer's resource book from an excellent author e **Genreflecting** Diana Tixier Herald, Samuel Stavole-Carter, 2019-05-24 Librarians who work with readers will find this well loved guide to be a treasure trove of information With descriptive annotations of thousands of genre titles mapped by genre and subgenre this is the readers advisor's go to reference Next to author genre is the characteristic that readers use most to select reading material and the most trustworthy consideration for finding books readers will enjoy With its detailed classification and pithy descriptions of titles this book gives users valuable insights into what makes genre fiction appeal to readers It is an invaluable aid for helping readers find books that they will enjoy reading Providing a handy roadmap to popular genre literature this guide helps librarians answer the perennial and often confounding question What can I read next Herald and Stavole Carter briefly describe thousands of popular fiction titles classifying them into standard genres such as science fiction fantasy romance historical fiction and mystery Within each genre titles are broken down into more specific subgenres and themes Detailed author title and subject indexes provide further access As in previous editions the focus of the guide is on recent releases and perennial reader favorites In addition to covering new titles this edition focuses more narrowly on the core genres and includes basic readers advisory principles and techniques *How to Solve Impossible Problems: A guide to the thinking tools of CEOs, philosophers, inventors, and billionaires* Jennifer L. Clinehens, 2022-03-20 No matter your field of expertise every day you're presented with seemingly impossible challenges Issues that you or your company can't seem to

crack even after weeks months or years of trying How do you approach these impossible challenges Do you have a strategy that you follow or do you just hold a brainstorming session and hope for the best Do you tell yourself Think harder and pray inspiration will strike There s a better way to solve problems like these improve the quality of your thinking Better thinking problem solving and reasoning are skills They can be developed through self examination learning new frameworks and expanding our mental models Lucky for us brilliant thinkers creators entrepreneurs and philosophers people like Elon Musk Aristotle Charlie Munger Issac Newton Ada Lovelace Albert Einstein Frederick Douglass Maya Angelou and Henry Ford have left behind documentation frameworks and tools for considering impossible problems In How to Solve Impossible Problems author Jennifer L Clinehens Choice Hacking CX That Sings presents 7 such tools to improve our thinking and help us solve what feel like insurmountable challenges In each chapter she gives specific actionable advice real world examples and in a free companion course available February 15 2022 provides worksheets to help apply each principle

Bestselling Author

Strategies: Ranking Tips and Marketing Hacks Book marketing, Bestselling Author Strategies Ranking Tips and Marketing Hacks is the essential handbook for writers and self publishers who want to climb the charts and achieve bestseller status on platforms like Amazon Kindle Direct Publishing KDP and beyond Packed with actionable hacks step by step ranking tips and proven marketing strategies this guide shows you how to transform your book from just another title into a sales powerhouse Inside you ll discover how to optimize book metadata categories and keywords to boost visibility in search rankings Learn ranking hacks such as strategic pricing review management and algorithm triggers that push your book higher on bestseller lists With launch strategies including pre order tactics email campaigns and early reader reviews you ll master the art of creating momentum before your book even goes live The book also explores marketing hacks that amplify your reach like Amazon Ads optimization social media promotion guides and cross platform branding tips You ll find insights into book funnel creation reader engagement hacks and newsletter growth strategies that keep your audience connected and eager for your next release Whether you re a first time self publisher or an established author scaling your career this guide delivers the bestselling author strategies ranking tips and marketing hacks you need to compete and win in today s crowded publishing landscape By combining SEO driven book optimization smart marketing frameworks and sales growth hacks this resource empowers you to not only publish books but also turn them into consistent bestsellers Tags Bestselling author strategies Author ranking tips Book marketing hacks Amazon KDP bestseller tips Self publishing success Bestseller ranking hacks Book promotion strategies Amazon keyword optimization Amazon category hacks KDP ranking tips Author marketing strategies Bestseller launch hacks Pre order book strategies Author review management Amazon algorithm hacks Book pricing hacks Bestseller book ads Author social media hacks Cross platform book marketing Author brand building Email list growth hacks Book funnel strategies Reader engagement tips Book sales optimization Bestseller author hacks Book visibility strategies Amazon book sales hacks KDP book success Self publishing bestseller guide Author

promotion hacks Book marketing 2025 Book ranking secrets Bestseller launch strategies Author advertising hacks Book metadata optimization Bestseller growth hacks Publishing success tips Bestseller campaign hacks Book launch checklist Author business hacks Author branding tips Bestseller author growth Reader loyalty hacks Self publishing mastery Bestseller author secrets Bestseller status hacks Publishing marketing mastery Book sales growth tips Author success guide Bestseller playbook 2025 Bestseller author blueprint Book marketing success hacks **The Newbie Author's Survival Guide** A.K.

Taylor, 2016-11 After crash landing into self publishing with nothing but the clothes she had on author AK Taylor fought for survival with trying to market her books on a small budget After two years of trial and error reworking refining and reaching out she has created the first survival guide for book marketing compiled of great tools and resources that can be used by any author during the rough times Comparing the book marketing wilderness with the real wilderness is how Taylor viewed the publishing world around her Growing up in the woods and learning survival skills has given her this unique viewpoint for a different kind of world When she started her search for information a book marketing survival guide didn't exist until now Short Have you ever been lost in the wilderness Being lost in the wilderness is more dangerous and scarier than being lost anywhere else and more things can happen Book marketing is just like being lost in the real wilderness with pitfalls dangerous plants and animals and knowing what is needed to survive during the rough times Using outdoor survival skills and applying them to book marketing AK Taylor has created the first survival guide for book marketing on a small budget

Hidden Pictures Jason Rekulak, 2022-05-10 NEW YORK TIMES BESTSELLER OPTIONED FOR NETFLIX BY A PRODUCER OF THE BATMAN GOODREADS CHOICE AWARD WINNER I loved it Stephen King From Edgar Award finalist Jason Rekulak comes a wildly inventive spin on the supernatural thriller for fans of Stranger Things and Riley Sager about a woman working as a nanny for a young boy with strange and disturbing secrets Mallory Quinn is fresh out of rehab when she takes a job as a babysitter for Ted and Caroline Maxwell She is to look after their five year old son Teddy Mallory immediately loves it She has her own living space goes out for nightly runs and has the stability she craves And she sincerely bonds with Teddy a sweet shy boy who is never without his sketchbook and pencil His drawings are the usual fare trees rabbits balloons But one day he draws something different a man in a forest dragging a woman's lifeless body Then Teddy's artwork becomes increasingly sinister and his stick figures quickly evolve into lifelike sketches well beyond the ability of any five year old Mallory begins to wonder if these are glimpses of a long unsolved murder perhaps relayed by a supernatural force Knowing just how crazy it all sounds Mallory nevertheless sets out to decipher the images and save Teddy before it's too late *Being Indie* James Noll, 2019-10-15 Start on your journey as an indie author with Being Indie Tips Tricks and Tactics for the Beginning Indie Author If you've been itching to weave your narrative but find yourself stuck at the starting line or if you've penned your masterpiece but are unsure of the next steps this book is your beacon in the vast sea of storytelling Crafted for aspiring wordsmiths Being Indie goes beyond the basics offering a roadmap for honing your craft and

navigating the waters of self publishing Inside discover invaluable insights on Unleashing your creativity through brainstorming planning and executing your story Mastering the art of developmental editing ensuring your manuscript shines Conquering your inner critic and overcoming the hurdles of failed projects Boosting productivity and finding your rhythm amidst the chaos of creation Transforming lackluster ideas into literary gems Venturing into the realm of audiobooks and expanding your reach Initiating your journey into marketing and building your author brand Whether you re a fledgling storyteller or a seasoned scribe seeking fresh inspiration Being Indie equips you with the tools techniques and tenacity to thrive in the competitive world of independent publishing Your literary adventure awaits seize it with Being Indie as your guide

[HowExpert Guide to 365 Hobbies](#) HowExpert,2024-08-21 If you re looking to explore a new hobby every day and unlock your creative potential then HowExpert Guide to 365 Popular Hobbies is your ultimate resource Welcome to a year long adventure filled with creativity discovery and growth This guide is your gateway to mastering a diverse range of hobbies organized from A to Z and tailored to fit every month Whether you re seeking to ignite your creativity improve DIY skills connect with nature or find a new passion this book offers endless inspiration and practical tips to enrich your life daily Inside this book you ll find Introduction The Joy of Hobbies Discover how hobbies can enrich your life reduce stress and spark joy Use this guide to explore new passions daily or focus on specific interests January Arts and Crafts Start your year with creativity by diving into hobbies like painting knitting and wood carving Each day introduces a new craft to let your artistic side shine February Building and DIY Channel your inner handyman or handywoman with projects ranging from carpentry to gardening Perfect for anyone who loves to build fix or create with their hands March Collecting Explore the fascinating world of collecting from antiques to rare books and coins Learn the ins and outs of starting maintaining and expanding your collection April Food and Drink Satisfy your culinary curiosity by mastering the art of baking brewing and gourmet cooking This chapter is a feast for your taste buds with a new food related hobby daily May Games and Entertainment Unleash your inner gamer with a month of board games video games and other forms of entertainment Whether you re into strategy or action there s something for every gamer June Music and Performing Arts Harmonize your love for music and performing arts by exploring instruments singing and acting Each hobby helps you express yourself through sound and movement July Nature and Outdoors Embrace the outdoors with hobbies like hiking birdwatching and gardening Perfect for nature lovers and adventurers these activities connect you with the natural world August Personal Development Focus on self improvement with hobbies that nurture your mind and soul from journaling to meditation This chapter is about building better habits enhancing well being and fostering personal growth September Science and Technology Dive into science with hobbies ranging from robotics to astronomy Ideal for curious minds this chapter expands your understanding through hands on experiments and tech projects October Sports and Fitness Get moving with a variety of physical activities that promote fitness and fun Whether you re into yoga weightlifting or extreme sports this chapter keeps you active energized and healthy

November Travel and Exploration Feed your wanderlust with hobbies that encourage exploration from camping to cultural tours This chapter is your passport to adventure offering new ways to discover the world December Writing and Literature Cap off the year by indulging in the written word Whether writing your memoirs or crafting fiction these literary hobbies inspire you to unleash your creativity and reflect on your experiences Conclusion Reflecting on Your Year of Hobbies Reflect on your journey with tips on exploring new activities embracing lifelong learning and finding new inspirations Appendices Delve into resources journals and community connections to keep your hobby pursuits thriving and ensure your passion for learning never fades Whether you re a seasoned hobbyist or just starting out HowExpert Guide to 365 Popular Hobbies is your go to source for daily inspiration and growth Buy the book today and embark on a year long adventure of discovery creativity and fun HowExpert publishes how to guides on all topics from A to Z

How to Market a Children's Book Karen P Inglis, A practical guide to all aspects of children s book marketing from bestselling children s author Karen Inglis Whether you ve just published your first children s book and aren t sure where to start with marketing or are struggling to increase sales of your existing titles *How to Market a Children s Book* is here to help Packed full of practical guidance and drawing on over 10 years experience of children s book marketing by international bestselling children s author Karen Inglis it offers a trusted resource for you to return to again and again for support with both offline and online marketing and advertising strategies This book assumes you already fully understand the various self publishing options and distribution processes for print eBooks and audiobooks or that you are a traditionally published children s author looking for new ideas to help promote your book s If you also need guidance on the self publishing process look instead for Karen s combined flagship publication *How to Self publish and Market a Children s Book Second Edition* After reading *How to Market a Children s Book* you will understand How to establish your brand locally and why this is important How to get reviews both at and after your children s book launch How to set up successful school visits and other face to face events How to plan and run virtual school visits or other online events Best practice and expectations for getting into bookshops Why and how eBooks should be part of your print book marketing strategy Which tools and collaborative platforms can help your children s book marketing How to use email marketing including staying within data protection rules for minors Key strategies for Amazon advertising and why this is the best place to start Other social media and advertising options including Facebook Instagram and Pinterest Audiobook marketing your key options Translation and foreign rights as part of an advanced marketing strategy Karen Inglis is a successful self published author of picture books illustrated chapter books and middle grade novels Her time travel adventure *The Secret Lake* has sold over 450 000 English language print copies worldwide close to 20 000 paid eBook copies and over 8 000 audiobooks She has also sold rights to eight countries and overseen its translation into German where *Der verborgene See* is an Amazon de bestseller at the time of writing in 2022 Each of Karen s picture books and chapter books have sold in their thousands through a combination of school visits bookshop sales and online sales Karen s picture book *The*

Christmas Tree Wish was shortlisted for the UK Selfies Award for best self published children s book in 2020 Her most recent picture book The Tell Me Tree has received praise by parents and teachers alike and is being used in UK classrooms to help children talk about feelings Karen has presented on children s self publishing at conferences around the UK and is Children s Advisor at The Alliance of Independent Authors

Choice & Voice Stephanie Fleck,Jolene Heinemann,2020-08-15 What we allow our students to read tells them which stories we value and which we don t Give students the power to develop reading lives that will endure beyond school walls Collaborative Reader Workshop allows for student choice in reading writing and speaking provides an authentic audience for student work strengthens academic ELA skills builds a wider school community of readers and fosters lifelong reading habits Fleck and Heinemann offer teachers a clear model to establish this interactive reader workshop model in their classrooms as well as tools to get them started Readers will have a reinvigorated excitement about independent reading and justification for its relevance in the classroom

How to Write Science Fiction Sergio Rijo,2023-09-14 Explore How to Write Science Fiction Crafting Imaginative Worlds your comprehensive guide to the thrilling genre where imagination knows no bounds This literary journey unravels science fiction s essence history and irresistible allure It s a hands on manual for crafting your own imaginative worlds and characters navigating complex themes and honing your storytelling skills Begin by understanding the essence of science fiction its historical roots and its timeless appeal Delve deep into creativity with exercises that transport you into alien minds provoke ethical dilemmas and challenge your storytelling prowess Immerse readers in your imaginative worlds by mastering world building fundamentals creating immersive settings and developing intricate societies and cultures Craft multidimensional characters that resonate with your audience striking the perfect balance between relatability and uniqueness Plot the unknown with confidence using science fiction s unique narrative structures to explore the hero s journey in futuristic contexts Paint vivid descriptions of futuristic landscapes advanced technology and alien worlds engaging readers with the perfect balance of detail and immersion Navigate complex scientific concepts effortlessly ensuring accuracy while simplifying ideas for your audience Blend science and storytelling seamlessly making your narratives informative and enthralling Master the art of crafting engaging dialogue unique to the future and develop distinctive character voices Tackle thought provoking themes and subtext leaving readers pondering ethical dilemmas and profound questions Edit and revise your work meticulously seeking feedback and critique to refine your craft Craft captivating openings build tension and conflict and control pacing for a page turning experience Conclude your stories with satisfaction resolving plot threads while leaving room for contemplation Wrap up character arcs and provide a sense of closure that lingers Discover publishing options from traditional to self publishing and connect with readers through an online presence social media and author websites Stay informed and inspired by reading contemporary science fiction and attending conventions and workshops Reflect on your growth as a science fiction writer set goals and continue refining your craft Sample outlines templates and a glossary of science fiction terms assist your writing journey The

final chapter offers exercises and prompts to ignite your imagination fine tune your craft and prepare for your own science fiction odyssey Embrace these exercises as your launchpad to boundless creativity With *How to Write Science Fiction Crafting Imaginative Worlds* as your guide your journey through the cosmos of science fiction is bound to be extraordinary

Ten Ways to Change the World in Your Twenties Libuse Binder,2009-11-01 WHAT KIND OF WORLD DO YOU WANT TO LIVE IN Throwing a party Preparing a meal Sending an email These are things you do all the time How can they really make a difference Ten Ways to Change the World in Your Twenties shows how to transform these everyday activities into world changing events Throw a party with a purpose Prepare a sustainable meal Send an email to your representative An inspiring collection of ideas that can make the world a better place this book taps into the potential of an energetic influential generation and lights the path to shaping tomorrow by Digging into what you love Volunteering in ways big and small Supporting political actions that reflect your values Leading an eco active lifestyle Simplifying and reducing your footprint Using your buying power to encourage better business practices Eating well locally Hosting a party with a purpose Exploring the world through environmentally responsible travel Turning your passion into a vocation With a rating scale based on the time money and lifestyle impact required and peppered with true tales of twentysomethings who ve made an impact Ten Ways to Change the World in Your Twenties provides resources and opportunities for you to use your talents to help create a history we can all be proud of Everywhere I go around the planet I find young people fresh from college leading the new green movement With savvy and heart they re making a real difference and as this book shows you can too Bill McKibben 350 org

Demystifying Scholarly Metrics Marc W. Vinyard,Jaimie Beth Colvin,2022-02-25 Demystifying Scholarly Metrics gives librarians and faculty the confidence to navigate the maze of scholarly metrics identify quality journals in which to publish and measure the impact of scholarly works Both librarians and professors can be overwhelmed by the bewildering number of scholarly metrics This user friendly book demystifies them helping librarians become familiar with scholarly metrics and giving them the confidence to assist faculty at their institutions It also equips faculty authors with the knowledge to evaluate journals and use metrics to track their scholarly impact Several controversies exist in the scholarly metrics landscape including a disagreement between the proponents of altmetrics and traditional bibliometrics Even more contentious debates are breaking out over predatory journals and open access publishing Authors Mark Vinyard and Jaimie Beth Colvin who successfully launched a faculty publishing initiative explain which aspects of metrics are truly essential to grasp and they place these numbers in context They help readers identify the metrics that are the best fit for their scholarship and give librarians and professors the tools to make smart decisions in this changing scholarly metrics landscape

Children's Literature in Action Sylvia M. Vardell,2019-06-14 This practitioner oriented introduction to literature for children ages 5 12 covers the latest trends titles and tools for choosing the best books and materials as well as for planning fun and effective programs and activities The third edition of *Children s Literature in Action* provides an activity oriented

survey of children's literature for undergraduate and graduate students seeking licensure and degrees that will lead to careers working with children in schools and public libraries Author Sylvia M Vardell draws on her 30 years of university teaching and extensive familiarity with the major textbooks in the area of children's literature to deliver something different a book that focuses specifically on the perspective and needs of the librarian with emphasis on practical action and library applications Its contents address seven major genres picture books traditional tales poetry contemporary realistic fiction historical fiction fantasy and informational books Each chapter includes practical applications for the educator who shares books with children and who develops literature based instruction Chapters are enriched by author comments collaborative activities featured books special topics and activities including selected awards and celebrations historical connections recommended resources issues for discussion and assignment suggestions This new edition incorporates the 2018 AASL National School Library Standards

Online Searching Karen Markey, 2023-02-07 Online Searching prepares students in library and information science programs to assist information seekers at all levels from university faculty to elementary school students Included in the third edition are interviews with librarians and other information professionals whose words of wisdom broaden graduate students perspectives regarding online searching in a variety of work settings serving different kinds of information seekers The book's chapters are organized according to the steps in the search process 1 Conducting a reference interview to determine what the seeker wants 2 Identifying sources that are likely to produce relevant information for the seeker's query 3 Determining whether the user seeks a known item or information about a subject 4 Dividing the query into main ideas and combining them logically 5 Representing the query as input to the search system 6 Conducting the search and responding strategically 7 Displaying retrievals assessing them and responding tactically A new chapter on web search engines builds on students existing experience with keyword searching and relevance ranking by introducing them to more sophisticated techniques to use in the search box and on the results page A completely revised chapter on assessing research impact discusses the widespread use of author and article iMetrics a trend that has developed rapidly since the publication of the second edition More than 100 figures and tables provide readers with visualizations of concepts and examples of real searches and actual results Textboxes offer additional topical details and professional insights New videos supplement the text by delving more deeply into topics such as database types information organization specialized search techniques results filtering and the role of browsing in the information seeking process An updated glossary makes it easy to find definitions of terms used throughout the book With new and updated material this edition of Online Searching gives students knowledge and skills for success when intermediating between information seekers and the sources they need

Carb Charts - Low Carb Reference Lisa Shea, 2011-10-14 Revised for 2018 More values and information When you're out and about and you lose internet access do you wish you could still know the carb value in the food you're thinking about ordering This 98 page carb chart book keeps you on a healthy path It's important to eat foods that are low in sugar and

starch But how do we know which foods are better than others This handy carb chart provides the solution no matter what style of diet you are on No more guessing at what a food will cost you while out at a supermarket or at a restaurant This useful book provides all the details you need to create a more healthy you From fruits and vegetables to nuts and berries many items in a store don't provide you the data you need With this book you will have the data you need at your fingertips There is also complete coverage of popular low carb beers liqueurs whiskeys and more All of my low carb books provide appendices which explain how to successfully manage a low carb diet *The Book Whisperer* Donalyn Miller, 2009-03-16

Turn any student into a bookworm with a few easy and practical strategies Donalyn Miller says she has yet to meet a child she can't turn into a reader No matter how far behind Miller's students might be when they reach her 6th grade classroom they end up reading an average of 40 to 50 books a year Miller's unconventional approach dispenses with drills and worksheets that make reading a chore Instead she helps students navigate the world of literature and gives them time to read books they pick out themselves Her love of books and teaching is both infectious and inspiring In the book you'll find Hands on strategies for managing and improving your own school library Tactics for helping students walk on their own two feet and continue the reading habit after they've finished with your class Data from student surveys and end of year feedback that proves how well the Miller Method works *The Book Whisperer* includes a dynamite list of recommended kid lit that helps parents and teachers find the books that students really like to read *Give Me Your Answer True* Suanne Laqueur, 2015-06-20

What I feel has no name Suanne Laqueur's award winning debut novel *The Man I Love* thrilled readers with its memorable characters and depth of emotion Erik Fiskare's journey of love recovery and forgiveness captivated hearts but also left questions unanswered Now Daisy Bianco has a chance to tell her story It's been three years since a single lapse of judgment cost Daisy the love of her life Erik was a conduit to her soul but now he's chosen a path of total disconnection refusing to speak to her or acknowledge her betrayal Alone and shattered Daisy attempts to take responsibility for her actions while building her career as a professional dancer in New York City But Erik's unforgiving estrangement proves too much for her strength Plagued by flashbacks to the Lancaster shootings she falls into a dangerous spiral of self harm cutting into her own skin as a means to atone Only the timely appearance of an old friend John Opie Quillis saves her from self destruction and gives her a chance to love again Laqueur skillfully weaves flashbacks to the college years with Daisy's present life Supported by John's patient affection she works to separate her evolution as an adult from the unresolved guilt and grief of her youth As her professional accomplishments lift her out of depression Daisy learns to hold onto her accountability without letting it become her identity Years pass and she builds a beautiful life filled with dance and friends Lovers come and eventually go leaving her on her own with the old thought Come back to me In this parallel narrative Laqueur peels open the beloved characters from *The Man I Love* to reveal new and complex layers of vulnerability The scars from the shooting are deep and pervasive within this circle of friends Like Daisy they are trying to evolve without being fully

resolved But when questions from the past go unheeded you alone must find and give your answers true *LifeCrafting*
Bradley R. E. Wright, Cathryn Entner Wright, 2023-10-19 Would you like to live a more fulfilling life A life marked by closeness
to God love for others self care and productive purpose Just about any life improvement requires one thing changing behavior
You ll either have to start a new behavior refine an old one or stop an unwanted behavior altogether The decision to change
behavior can be daunting because changing habits and routines is often difficult Changes can bring about good but they can
also upend usual ways of doing things This book guides you in how to change just about any behavior for what the apostle
Paul called a more excellent way The guidance is rooted in cutting edge social science research joined with Christian
understanding of the good life and how to achieve it From this blended perspective the book presents a general model for
how you can effectively change your behavior It gives you dozens of practical proven strategies that you can start using right
away What s the secret to behavior change It happens best when a person combines several strategies First they start small
Next they find ways to motivate themselves and to cultivate their spiritual gift of self control Finally in all steps they invite
Christ into the process through Scripture prayer and fellowship Imagine what your life would be like if you could better
match what you do daily to what matters most to you both now and eternally Matching your behavior to your core values with
God alongside is the key to creating a truly beautiful life Reclaim Your Superpowers Ava Miles, 2020-08-17 An exquisite
exploration Dr Shawne Duperon Nobel Peace Prize Nominee A life changing journey Crystal Andrus Morissette S W A T
Institute A must read Angela Polidoro former Editor for Random House s Ballantine Bantam Dell International Bestselling
Author Ava Miles shows readers how to overhaul the false power ruining their lives and reclaim their true power their
superpower to live their best life perfect for fans of Brene Brown Here are all the tools you need to save your own world cape
supersuit and a new bad ass attitude implied Kathia Zolfaghari International Bestseller and Kung Fu Master Do you
remember the last time you believed you could do anything When you were your own superhero strong and capable and in
charge of your life Many of us were plugged into our true power in childhood but it was disconnected as we grew up and
graduated as adults in our communities the work force and our relationships Now current events have kicked us in the gut
and plunged us into new depths of powerlessness Never before have we needed to relearn and reclaim our true power Ava
worked with top leaders in the world s greatest power centers formulating plans to rebuild war zones and implementing
them on the ground Through her work she learned true power creates a better life false power destroys it Her ring side seat
to zero sum power led her to search for a new kind true instinctive personal power In Reclaim Your Superpowers Ava guides
us through the steps she took to reclaim her own life going from a rat race professional to an international bestselling author
living her dream life from zero to sixty This cutting edge guide gives you a practical blueprint on The ins and outs of real
personal power Diving into your fears and misuses around power How to assess where you re using false power and getting
nowhere Spotlight Tools to identify the origin stories holding you back Take Back Tools to reconnect you to your true power

Super Tools to tease out your winning traits to plan and manifest what you really want It s time to take back your power your superpowers It s time to start living your best life Reclaim Your Superpowers is part of The Lost Guides to Living Your Best Life series a complete system to help us reclaim the nine superpowers essential to rocking life Ava Miles is the international bestselling author of powerful books about love happiness and transformation As a former conflict expert Ava rebuilt warzones in places like Lebanon Colombia and the Congo to foster peaceful and prosperous communities While rewarding Ava recognized she could affect more positive change in the world by addressing the real roots of conflict and unhappiness In becoming an author she realized her best life healing the world through books Her novels have received praise and accolades from USA Today Publisher s Weekly and Women s World Magazine in addition to being chosen as Best Books of the Year and Top Editor s picks However Ava s strongest praise comes directly from her readers who call her books life changing The Lost Guides to Living Your Best Life represent the culmination of her work as a conflict expert life coach and wellness expert Reviews Ava gives us the tools we need to reclaim our everyday joy and honest expression Rediscover my inner superpowers Yes please The Lost Guides are a world changer Well done Ava International Bestseller and Kung Fu Master Kathia Zolfaghari A life changing journey every woman will want to take Crystal Andrus Morissette Founder of the S W A T Institute Simply Woman Accredited Trainer Miles series is an exquisite exploration of internal discomfort and courage allowing you to reclaim your divine soul and fully express your womanhood I highly recommend Dr Shawne Duperon Project Forgive Founder Nobel Peace Prize Nominee on The Lost Guides Miles provides us with essential advice on how we can shed the beliefs that are making us miserable and find our way back to our inner goddesses She guides us through the sometimes turbulent waters of the issues that matter most to us relationships sex finances self expression self image etc This is must read Angela Polidoro former Editor for Random House s Ballantine Bantam Dell Pushing the envelope is edgy Change is never comfortable Ava Miles takes us out of our comfortable chitchat cocoon and shows us how to become those butterflies all women are destined to become no matter what they face in life The series is a must read Risa Shimoda Outdoor Leadership Consultant and President of The Shimoda Group on The Lost Guides Let your adventure begin and unleash by reading this series Anna Levesque author of Yoga for Paddling on The Lost Guides This series delivers empowering advice without pulling any punches Liza M Shaw MA Licensed Marriage and Family Therapist of PowerToThrive com on The Lost Guides Ava Miles is a courageous fellow writer whose mission is to empower all women Aspen Matis author of the internationally bestselling memoir Girl in the Woods Ava gets to the heart of why some of us do toxic or hang around drama while helping us all realize we can have happy and loving relationships that don t clutter up our space or make us sick Courtney Cachet Celebrity Designer TV Personality If you enjoy books by Brene Brown Gabrielle Bernstein Rachel Hollis Jen Sincero Mark Manson Shawn Achor Michael Singer Tony Robbins Deepak Chopra Shauna Niequist Gary Chapman John Leland and Gretchen Rubin you will love Ava s self help books

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