

GTCC FINANCIAL AID OFFICE
FEDERAL STAFFORD LOAN BUDGET WORKSHEET
2008-2009

PAGE TWO

This worksheet will assist you in showing your financial need by giving you the difference between your total expenses and your total income over the nine month school period. If completed correctly, you should have a good idea of the amount you need for the academic year. *Enter zero if the item does not apply to you.* **Incomplete budget worksheets will delay the processing of your loan.**

Use this guide when you are figuring your totals: If attending Fall/Spring – multiply monthly figures by 9
 If applying for Fall only – multiply monthly figures by 5
 If applying for Spring only – multiply monthly figures by 5

Awarded Financial Aid Resources

Financial Aid Resources as stated on your award letter (all grants, scholarships, and work-study):
 Outside scholarships or grants:

Fall	Spring
\$ _____	\$ _____
\$ _____	\$ _____

Total Financial Aid Resources & Income: \$ _____ (A)

Personal Income and Other Resources

PLEASE NOTE: If you include expenses for a family or spouse, you must also include income from those family members.

Your take-home earnings:	\$ _____ /month X _____ months = \$ _____
Spouse's take-home earnings:	\$ _____ /month X _____ months = \$ _____
Parental/Other support:	\$ _____ /month X _____ months = \$ _____
AFDC/ADC:	\$ _____ /month X _____ months = \$ _____
Veterans' benefits:	\$ _____ /month X _____ months = \$ _____
Unemployment:	\$ _____ /month X _____ months = \$ _____
Social Security:	\$ _____ /month X _____ months = \$ _____
Other (specify) _____	\$ _____ /month X _____ months = \$ _____

Total Personal Income and Other Resources: \$ _____ (B)

If (B) is zero, please give explanation: _____

TOTAL INCOME (Financial Aid Resources + Personal Income and Other Resource = A + B = C.....) \$ _____ (C)

Direct School Expenses

Tuition and fees:
 Books/supplies/uniforms/equipment, etc.

Fall	Spring
\$ _____	\$ _____
\$ _____	\$ _____

Total Direct School Expenses: \$ _____ (D)

Living/Personal Expenses

Rent/Mortgage Payment:
 Food:
 Utilities (water, natural gas, electricity)
 Home &/or cell telephone:
 Child Care:
 Transportation (car payment, car insurance, gas and oil, or bus tickets):
 Monthly debt payments (credit cards, etc.):
 Other personal expenses (please specify):

\$ _____ /month X _____ months = \$ _____
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\$ _____ /month X _____ months = \$ _____
\$ _____ /month X _____ months = \$ _____
\$ _____ /month X _____ months = \$ _____

Total Living/Personal Expenses: \$ _____ (E)

TOTAL EXPENSES (Direct School Expenses + Total Living/Personal Expenses = D + E = F.....) \$ _____ (F)

NEED: Subtract Total Expenses from Total Income C - F = G..... \$ _____ (G)

-THE AMOUNT IN (G) SHOULD BE A NEGATIVE FIGURE-

TOTAL LOAN AMOUNT YOU ARE REQUESTING: \$ _____

The amount requested in this block will be disbursed in two disbursements.

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N Colangelo



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web directions 1 mix the chia seeds with 1 1 2 cup s hot water in a large bowl 2 add coconut milk vanilla and sweetener and mix with spoon 3 separate equally into 6 cups or bowls of your choice and refrigerate for 1 hour or overnight

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web portuguese piri piri chicken dukan style attack phase on dukan tip this dish goes well with plain yoghurt tip during the cruise phase why not serve with a green salad or some tzatziki dip calories 273 3 fat 3 1 g protein 55 g carbs 3 7 g fiber 0 6 g
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web minutes to prepare 1 minutes to cook 1 number of servings 4 ingredients 1 4 c truvia natural sweetener 1 c almond flour per 3 t cocoa powder hershey s unsweetened unlisted nutrients estimated from usda website 1 8 tsp baking powder 1 2 tsp baking soda 1 4 tsp salt 2 t coconut oil 1 egg fresh whole 2 t half and half cream directions

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web jan 5 2019 ingredients servings 1 4 to 6 cups loosely packed bite size sliced leaves of italian black kale thick ribs removed juice of 1 lemon 4 tbsp avocado oil 2 cloves mashed garlic salt and freshly ground pepper to taste hot red pepper flakes to taste 2 3 cup grated pecorino toscano cheese or any other grated italian cheese

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