

HIGH-YIELD SAVINGS ACCOUNT

FINANCIAL INSTITUTE	ANNUAL PERCENTAGE YIELD	MINIMUM BALANCE	MONTHLY FEES
Barclay's Bank	0.70%	None	None
Ponce Bank	0.75%	\$1	None
Marcus by Goldman Sachs	0.60%	None	None
American Express Online Savings	0.60%	\$1	None
Synchrony Bank	0.60%	None	None
Alliant Credit Union	0.60%	\$100	None if you choose E-Statements
Capital One	0.60%	None	None
Liberty Savings Bank	0.56%	\$1	None
Ally Bank	0.50%	None	None
Varo Bank	0.50%	Must not exceed \$5,000	None

WWW.CITIZENSIDE.COM

High Yield Savings Near Me

Léo Pomar

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the name bar.

High Yield Savings Near Me:

This is likewise one of the factors by obtaining the soft documents of this **High Yield Savings Near Me** by online. You might not require more era to spend to go to the book launch as with ease as search for them. In some cases, you likewise do not discover the revelation High Yield Savings Near Me that you are looking for. It will totally squander the time.

However below, in imitation of you visit this web page, it will be therefore unquestionably easy to acquire as with ease as download lead High Yield Savings Near Me

It will not take many times as we notify before. You can attain it though accomplish something else at home and even in your workplace. therefore easy! So, are you question? Just exercise just what we give below as with ease as review **High Yield Savings Near Me** what you next to read!

<https://intelliborn.com/About/scholarship/index.jsp/Oracle%20Bpel%20Manual.pdf>

Table of Contents High Yield Savings Near Me

1. Understanding the eBook High Yield Savings Near Me
 - The Rise of Digital Reading High Yield Savings Near Me
 - Advantages of eBooks Over Traditional Books
2. Identifying High Yield Savings Near Me
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an High Yield Savings Near Me
 - User-Friendly Interface
4. Exploring eBook Recommendations from High Yield Savings Near Me
 - Personalized Recommendations

- High Yield Savings Near Me User Reviews and Ratings
- High Yield Savings Near Me and Bestseller Lists
- 5. Accessing High Yield Savings Near Me Free and Paid eBooks
 - High Yield Savings Near Me Public Domain eBooks
 - High Yield Savings Near Me eBook Subscription Services
 - High Yield Savings Near Me Budget-Friendly Options
- 6. Navigating High Yield Savings Near Me eBook Formats
 - ePub, PDF, MOBI, and More
 - High Yield Savings Near Me Compatibility with Devices
 - High Yield Savings Near Me Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of High Yield Savings Near Me
 - Highlighting and Note-Taking High Yield Savings Near Me
 - Interactive Elements High Yield Savings Near Me
- 8. Staying Engaged with High Yield Savings Near Me
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers High Yield Savings Near Me
- 9. Balancing eBooks and Physical Books High Yield Savings Near Me
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection High Yield Savings Near Me
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine High Yield Savings Near Me
 - Setting Reading Goals High Yield Savings Near Me
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of High Yield Savings Near Me
 - Fact-Checking eBook Content of High Yield Savings Near Me

- Distinguishing Credible Sources

13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

High Yield Savings Near Me Introduction

In today's digital age, the availability of High Yield Savings Near Me books and manuals for download has revolutionized the way we access information. Gone are the days of physically flipping through pages and carrying heavy textbooks or manuals. With just a few clicks, we can now access a wealth of knowledge from the comfort of our own homes or on the go. This article will explore the advantages of High Yield Savings Near Me books and manuals for download, along with some popular platforms that offer these resources. One of the significant advantages of High Yield Savings Near Me books and manuals for download is the cost-saving aspect. Traditional books and manuals can be costly, especially if you need to purchase several of them for educational or professional purposes. By accessing High Yield Savings Near Me versions, you eliminate the need to spend money on physical copies. This not only saves you money but also reduces the environmental impact associated with book production and transportation. Furthermore, High Yield Savings Near Me books and manuals for download are incredibly convenient. With just a computer or smartphone and an internet connection, you can access a vast library of resources on any subject imaginable. Whether you're a student looking for textbooks, a professional seeking industry-specific manuals, or someone interested in self-improvement, these digital resources provide an efficient and accessible means of acquiring knowledge. Moreover, PDF books and manuals offer a range of benefits compared to other digital formats. PDF files are designed to retain their formatting regardless of the device used to open them. This ensures that the content appears exactly as intended by the author, with no loss of formatting or missing graphics. Additionally, PDF files can be easily annotated, bookmarked, and searched for specific terms, making them highly practical for studying or referencing. When it comes to accessing High Yield Savings Near Me books and manuals, several platforms offer an extensive collection of resources. One such platform is Project Gutenberg, a nonprofit organization that provides over 60,000 free eBooks. These books are primarily in the public domain, meaning they can be freely distributed and downloaded. Project Gutenberg offers a wide range of classic literature, making it an excellent resource for literature enthusiasts. Another popular platform for High Yield Savings Near Me books and manuals is Open Library. Open Library is an initiative of the Internet Archive, a non-profit

organization dedicated to digitizing cultural artifacts and making them accessible to the public. Open Library hosts millions of books, including both public domain works and contemporary titles. It also allows users to borrow digital copies of certain books for a limited period, similar to a library lending system. Additionally, many universities and educational institutions have their own digital libraries that provide free access to PDF books and manuals. These libraries often offer academic texts, research papers, and technical manuals, making them invaluable resources for students and researchers. Some notable examples include MIT OpenCourseWare, which offers free access to course materials from the Massachusetts Institute of Technology, and the Digital Public Library of America, which provides a vast collection of digitized books and historical documents. In conclusion, High Yield Savings Near Me books and manuals for download have transformed the way we access information. They provide a cost-effective and convenient means of acquiring knowledge, offering the ability to access a vast library of resources at our fingertips. With platforms like Project Gutenberg, Open Library, and various digital libraries offered by educational institutions, we have access to an ever-expanding collection of books and manuals. Whether for educational, professional, or personal purposes, these digital resources serve as valuable tools for continuous learning and self-improvement. So why not take advantage of the vast world of High Yield Savings Near Me books and manuals for download and embark on your journey of knowledge?

FAQs About High Yield Savings Near Me Books

How do I know which eBook platform is the best for me? Finding the best eBook platform depends on your reading preferences and device compatibility. Research different platforms, read user reviews, and explore their features before making a choice. Are free eBooks of good quality? Yes, many reputable platforms offer high-quality free eBooks, including classics and public domain works. However, make sure to verify the source to ensure the eBook credibility. Can I read eBooks without an eReader? Absolutely! Most eBook platforms offer web-based readers or mobile apps that allow you to read eBooks on your computer, tablet, or smartphone. How do I avoid digital eye strain while reading eBooks? To prevent digital eye strain, take regular breaks, adjust the font size and background color, and ensure proper lighting while reading eBooks. What the advantage of interactive eBooks? Interactive eBooks incorporate multimedia elements, quizzes, and activities, enhancing the reader engagement and providing a more immersive learning experience. High Yield Savings Near Me is one of the best book in our library for free trial. We provide copy of High Yield Savings Near Me in digital format, so the resources that you find are reliable. There are also many Ebooks of related with High Yield Savings Near Me. Where to download High Yield Savings Near Me online for free? Are you looking for High Yield Savings Near Me PDF? This is definitely going to save you time and cash in something you should think about.

Find High Yield Savings Near Me :

oracle bpel manual

~~ordinary grace a novel~~

organizational leadership foundations and practices for christians

oracle database 11g plsql programming workbook oracle press

oracle 9i dba certification student guide

~~ordinary differential equations introduction fundamentals ebook~~

organic chemistry wade edition solutions manual

origami gun out of money

ore past exam papers

orcs tales maras dantia stan nicholls

orbis verbum un giro de compas

organic chemistry mcmurry 7th edition solutions manual

organizational culture learning and knowledge management

oracle bones stars and wheelbarrows ancient chinese science and technology

optipuls 380i user manual

High Yield Savings Near Me :

traveler american edition beganirr a1 2022 live deskmy - Mar 31 2022

web american edition beganirr a1 is straightforward in our digital library an online entry to it is set as public for that reason you can download it instantly our digital

traveller american edition mm publications türkiye - Jun 14 2023

web traveler is an exciting seven level course for teenage and young adult learners that takes them from beginner to advanced level it follows the requirements of the common european framework of reference the modular approach and is organised into 8 topic based modules this course is available in a split edition too

mm publications traveler american - Aug 16 2023

web cefr a1 b1 traveler is an exciting seven level course for teenage and young adult learners that takes them from beginner to advanced level it follows the requirements of the common european framework of reference the modular approach and is organised into 8 topic based modules

read online traveler american edition begenirr a1 pdf free - May 01 2022

web sep 2 2023 read online traveler american edition begenirr a1 pdf free copy voices a1 beginner outcomes a0 a1 1 beginner workbook audio cd german a1 level course book personal best a1 beginner new headway elementary new destinations a1 beginner examview dvd rom new go ahead beginner a1 personal best a1 beginner

traveler american edition begenirr a1 pdf download only - Aug 04 2022

web traveler american edition begenirr a1 pdf upload herison f murray 1 3 downloaded from voto uneal edu br on august 18 2023 by herison f murray traveler american edition begenirr a1 pdf in a fast paced world fueled by information and interconnectivity the spellbinding force of linguistics has acquired newfound prominence

test 1 trav amer beginners a1 pdf scribd - Feb 10 2023

web traveler american edition beginners a1 test booklet test 1 test 1 module 1 vocabulary a put the words in the correct category italy roommate eighteen polish colleague seventy france mexican score relationships country nationality numbers b circle the correct words 1 this is my boss ms mr lefort shes french 2

bookmark file traveler american edition begenirr a1 read pdf - Oct 06 2022

web sep 8 2023 this traveler american edition begenirr a1 but end up in infectious downloads rather than reading a good book with a cup of tea in the afternoon instead they cope with some harmful virus inside their computer traveler american edition begenirr a1 is available in our digital library an

read book traveler american edition begenirr a1 workbook key - Jan 29 2022

web traveler american edition begenirr a1 workbook key is available in our book collection an online access to it is set as public so you can download it instantly our digital library hosts in multiple countries allowing you to get the most less latency time to download any of our books like this one

traveler american edition begenirr a1 workbook key pdf app - Apr 12 2023

web life mastermind traveler american edition begenirr a1 file name traveler american edition begenirr a1 pdf size 5939 kb type pdf epub ebook category book uploaded 2020 nov 21 16 12 rating 4 6 5 from 700 votes traveler american edition begenirr a1 book torrent my id traveler beginners

istanbul yabancilar icin turkce a1 turkish for foreigners beginner - Dec 08 2022

web it is full of dialogues exercises pictures and listening exercises the book contains six units which are further broken down into 3 sections each each unit has speaking reading listening writing and grammar sections the sections start with some key words and phrases followed by some more vocab accompanied by pictures and some

e pdf traveler american edition begenirr a1 free ebook - Nov 07 2022

web aug 22 2023 e pdf traveler american edition begenirr a1 free ebook new headway elementary voices a1 beginner

headway english a1 student s book pack de at with audio cd new go ahead beginner a1 english file beginner a1 beginner examview dvd rom new destinations short stories in spanish for beginners navigate a1 beginner

traveler american edition begenirr a1 todd lammle copy - Jan 09 2023

web to the statement as with ease as perspicacity of this traveler american edition begenirr a1 can be taken as with ease as picked to act day hiking south cascades dan a nelson 2007 compact easy carry size two color maps charts and elevation profiles this handsome guide is full of charts and easy to find

traveler american edition begenirr a1 workbook key - Dec 28 2021

web may 27 2023 simply stated the traveler american edition begenirr a1 workbook key is universally suitable with any devices to read so once you demand the books swiftly you can straight get it

traveler american edition begenirr a1 workbook key copy - Sep 05 2022

web traveler american edition begenirr a1 workbook key from calculus to chaos jan 20 2022 what is calculus really for this book is a highly readable introduction to applications of calculus from newton s time to the present day these often involve questions of dynamics i e of how and why things change with time

traveler beginners a1 american edition workbook pdfsayar - Jul 15 2023

web traveler american edition begenirr a1 workbook key traveler beginners a1 workbook american edition c cd por mitchell h q isbn 9789604439454 tema ingles editorial mm publications casassa y lorenzo librerios s a av alvarez jonte 4461 5 caba argentina 54 11 4566 2818 4414 4450 3727 info casassaylorenzo com

read online traveler american edition begenirr a1 workbook - Jul 03 2022

web apr 25 2023 read online traveler american edition begenirr a1 workbook key free download pdf practical grammar student book a1 a2 with key nov 27 2020 new headway elementary workbook with key jan 10 2022 the world s best selling english course a perfectly balanced syllabus with a strong grammar focus and full support at all

traveler american edition begenirr a1 workbook key pdf - Jun 02 2022

web traveler american edition begenirr a1 workbook key pdf eventually you will enormously discover a supplementary experience and deed by spending more cash still when accomplish you take that you require to acquire those all needs taking into account having significantly cash why dont you try to get something basic in the beginning

traveler american edition begenirr a1 2023 - May 13 2023

web enjoying the melody of expression an mental symphony within traveler american edition begenirr a1 in a world consumed by monitors and the ceaseless chatter of instant conversation the melodic beauty

traveler american edition begenirr a1 workbook key pdf 2023 - Feb 27 2022

web a new edition of the best selling english file the best way to get your students talking a blend of completely new lessons

updated texts and activities together with the refreshing and fine tuning of some favourite lessons from new english file english file third edition provides the right mix of language motivation and opportunity to

traveler elementary workbook a1 2 american edition student book - Mar 11 2023

web traveler elementary workbook a1 2 american edition student book cevapları ödev konusu hakkında tüm bilgiler traveler elementary workbook a1 2 american edition student book cevapları özeti traveler elementary workbook a1 2 american edition student book cevapları slaytları

microwave passive component simulation using ansys ansys - Sep 03 2022

web passive high power microwave components abstract this review discusses the present state of the art of passive high power microwave components for applications in

introduction to rf and microwave passive components - Aug 14 2023

web introduction to rf and microwave passive components abstract this authoritative new resource provides an overview and introduction to working with rf microwave and high frequency components from transmission lines antennas millimeter waves ferrites

micromachined microwave passive circuits springerlink - Sep 22 2021

web 1 day ago the analogue mixed signal and specialty foundry has added to its proficiency in rf by announcing new integrated passive device ipd fabrication capabilities xipd is

microwave passive components brainkart - Mar 09 2023

web abstract microwave passive component design is of particular interest to radio frequency rf scholars and engineers although a plethora of studies have been carried out over

x fab adds new passive integration technology for rf - Aug 22 2021

web 7th july 2006 link microtek ltd es admin 0 0 new from microwave and rf component specialist link microtek is the latest catalogue from l 3 narda west which contains

micromachines special issue microwave passive components - May 11 2023

web jun 30 2023 microwave millimeter and terahertz wave passive component devices applied in the communication radar and some other systems passive

3d manufacturing of microwave passive components esa csc - Oct 04 2022

web in this course we will simulate the following microwave passive components from one of the standard microwave textbooks using ansys hfss ansys hfss circuit and hfss

passive high power microwave components ieee xplore - Aug 02 2022

web in this paper the research achievements for the compact microwave passive components based on the new kind of

metamaterial unit cell are presented the discussed

microwave passive components advantech wireless - Jul 13 2023

web nov 29 2022 advantech wireless technologies manufactures a wide range of passive components and subsystems operating from 100mhz to 90ghz for low medium or

history of microwave passive components with particular - Feb 25 2022

web may 5 2023 re design of microwave passive components for the assumed operating frequencies or substrate parameters is an important yet a tedious process it requires

heterogeneously integrated flexible microwave amplifiers on a - Oct 24 2021

web feb 7 2022 in this chapter an overview on different classes of passive components that can be realized using radio frequency microelectromechanical systems rf mems

microwave devices an overview sciencedirect topics - Apr 29 2022

web jan 11 2017 introduction in recent years ascending development of wireless communication products and huge trend for commercial market in this ground caused

active and passive microwave components and subsystems - Jul 21 2021

experimental demonstration of passive microwave pulse nature - Nov 24 2021

web jun 19 2020 passive microwave components were also fabricated on the same semiconductor wafer to obtain rigid mmic the wafer with mmics was flip bonded to a

compact microwave passive components based on the - Jul 01 2022

web jql technologies jql electronics inc is a technology company designing and manufacturing microwave passive components and subsystems such as ferrite

modeling and simulation techniques for microwave components - Mar 29 2022

web microwave passive component development during world war ii 1939 1945 is discussed briefly and then because of space limitations this paper concentrates on the

passive components microwave journal - May 31 2022

web microwave circuits are a combination of passive and active components whereby the passive part easily makes up 75 or more of the circuit real estate area without

microwave passive components researchgate - Nov 05 2022

web jan 6 2011 the objective of this activity is to develop a complete 3d end to end manufacturing process for the production of lightweight complex microwave passive

a learning based methodology for microwave passive - Jan 07 2023

web this paper presents the characterization and modeling of microwave passive components in tsmc 40 nm bulk cmos including metal oxide metal mom capacitors tra

a learning based methodology for microwave passive - Jun 12 2023

web jan 30 2023 abstract microwave passive component design is of particular interest to radio frequency rf scholars and engineers although a plethora of studies have been

passive microwave components part 1 isolators and - Apr 10 2023

web microwave passive components 1 microwave frequency range microwaves are electromagnetic waves with wavelengths ranging from 1 mm to 1 m or

parametric modeling of microwave passive components using - Dec 26 2021

web sep 15 2023 an experimental gain of 4 2 db is observed for the rc pulse train while a gain of 3 45 db is observed for the gaussian pulse showing the potential of the tte for

a learning based methodology for microwave passive - Feb 08 2023

web jul 1 2023 pdf microwave passive component design is of particular interest to radio frequency rf scholars and engineers although a plethora of studies have find

characterization and analysis of on chip microwave passive - Dec 06 2022

web dec 31 2005 a passive component is a physical structure or circuit layout that performs one or multiple linear electronic functions without resorting to and consuming external

rapid and reliable re design of miniaturized microwave passives - Jan 27 2022

web mar 29 2012 a novel parametric modeling technique is proposed to develop combined neural network and transfer function models for both time and frequency tf domain

veterans administration pre employment examination for nurses - Nov 08 2022

web veterans administration pre employment examination for nurses may 5th 2018 one of the largest in south carolina greenville technical college s associate degree nursing program was developed in 1971 and produces graduates that are eligible to take the national registered nurse licensure examination and begin careers in the nursing profession

pre employment pass ep medical check up health screening - May 14 2023

web the employment pass allows foreign professionals managers and executives with a salary of 4 500 a month and acceptable qualifications to work in singapore the ministry of manpower mom requires employment pass applicants to undergo a

pre employment checks hrsingapore - Sep 18 2023

web pre employment checks question dear hr community i understand that many companies carry out pre employment checks especially pre employment medical examinations are there any other reasons for carrying out such investigations on our potential employees can we skip this if our medical insurers do not require such details

veterans administration pre employment examination for nurses - Jun 15 2023

web veterans administration pre employment examination for nurses downloaded from vps huratips com by guest burgess brown reemployment of veterans springer 21st century system for evaluating veterans disability benefits recommends improvements in the medical evaluation and rating of veterans for the benefits provided by the

veterans administration pre employment examination for nurses - Apr 01 2022

web apr 6 2023 veterans administration pre employment examination for nurses 3 4 downloaded from uniport edu ng on april 6 2023 by guest veterans administration publications index united states veterans administration 1989 evaluation of the department of veterans affairs mental health services national academies of

pre employment pass medical check up ata med - Apr 13 2023

web the employment pass allows foreign professionals managers and executives with a salary of 4 500 a month and acceptable qualifications to work in singapore the ministry of manpower mom requires employment pass applicants to undergo a medical examination alternatively our clinic is also able to customize and include tests such as

pre employment references policy notice veterans affairs - Jul 16 2023

web department of veterans affairs va notice 22 13 washington dc 20420 june 22 2022 pre employment references policy notice 1 purpose the purpose of this notice is to announce the inclusion of pre employment reference check requirements in the hiring process in the hiring

veterans administration pre employment examination for nurses - May 02 2022

web may 27 2023 veterans administration pre employment examination for nurses 1 4 downloaded from uniport edu ng on may 27 2023 by guest veterans administration pre employment examination for nurses right here we have countless books veterans administration pre employment examination for nurses and collections to check out

march 30 2022 employee occupational health service veterans affairs - Aug 17 2023

web department of veterans affairs va handbook 5019 6 washington dc 20420 transmittal sheet march 30 2022 employee occupational health service 1 reason for issue to reissue department of veterans affairs va policy regarding the employee occupational health service 2 summary of contents major

veterans administration pre employment examination for nurses - Aug 05 2022

web rn programs amp careers how to become an rn may 9th 2018 registered nurses serve as a fulcrum in medical process discover what it takes to become an rn from education and experience to graduation and exams fedcure second look barber

amendment good time bill may 9th 2018 the incarcerated veterans

veterans administration pre employment examination for nurses - Jul 04 2022

web jun 20 2023 veterans administration pre employment examination for nurses 2 4 downloaded from uniport edu ng on june 20 2023 by guest annual report of the secretary of veterans affairs united states department of veterans affairs 1987 manpower review 1945 04 veterans administration publications index united states veterans

pre employment physical for va hospital nursing career support - Oct 19 2023

web nov 13 2009 pre employment physical for va hospital nurses career support published nov 13 2009 by amileslpn i have a physical coming up for the va hospital from the way the gentleman who scheduled me spoke it will be a very long day does anyone know what the physical consists of

pre employment medical examination for mdws ministry of - Jan 10 2023

web six monthly medical examination 6me for mdw you must send your migrant domestic worker mdw for a medical examination before you can get her work permit issued find out the medical examination requirements

pre employment pass ep medical check up advantage - Feb 11 2023

web quick appointment employment pass ep medical check up quick and easy walk ins accepted daily we provide affordable employment medical check ups for employment pass ep holders or pre employment for both new applications and renewals as per the ministry of manpower mom s requirements

aptitude tests for registered nurses rns criteria corp - Dec 09 2022

web pre employment tests for registered nurses rns top skills and abilities inductive reasoning oral comprehension social perceptiveness critical thinking written comprehension top 3 tasks perform physical exams and health histories administer medications and treatment

veterans administration pre employment examination for nurses - Mar 12 2023

web veterans administration pre employment examination for nurses below the veterans administration a broken system revised stephen reedbs rel ms theo ms social work veterans administration medical care appropriation evaluation of target allowance fiscal year 1976 united states veterans administration 1975

veterans administration pre employment examination for nurses - Jun 03 2022

web 4 veterans administration pre employment examination for nurses 2023 05 30 benefits provided by the department of veterans affairs va to compensate for illnesses or injuries incurred in or aggravated by military service compensation is a monthly cash benefit based on a rating schedule that determines the degree of disability on a scale of

veterans administration pre employment examination for nurses - Oct 07 2022

web veterans administration pre employment examination for nurses veterans of the civil rights movement history may 7th

2018 the situation spring 1966 for decades the naacp the regional council of negro leadership and other afro american organizations fought to win voting rights for mississippi blacks nursing wikipedia

veterans administration pre employment examination for nurses - Sep 06 2022

web sep 22 2023 nursing nurse administration third party pre tax parking reimbursement program calhr nursing wikipedia search careers and industries skills and employment may 11th 2018 search for a career see what training you need and get ready for the job you want get information about the employment prospects qualifications

veterans administration pre employment examination for nurses - Feb 28 2022

web sep 16 2023 nurse administration vetbiz gov nursing wikipedia rn programs amp careers how to become an rn arizona dept american legion veterans social work policy institute may 9th 2018 social workers are an integral part of the interdisciplinary treatment teams within every veterans affairs va medical center vet center and in