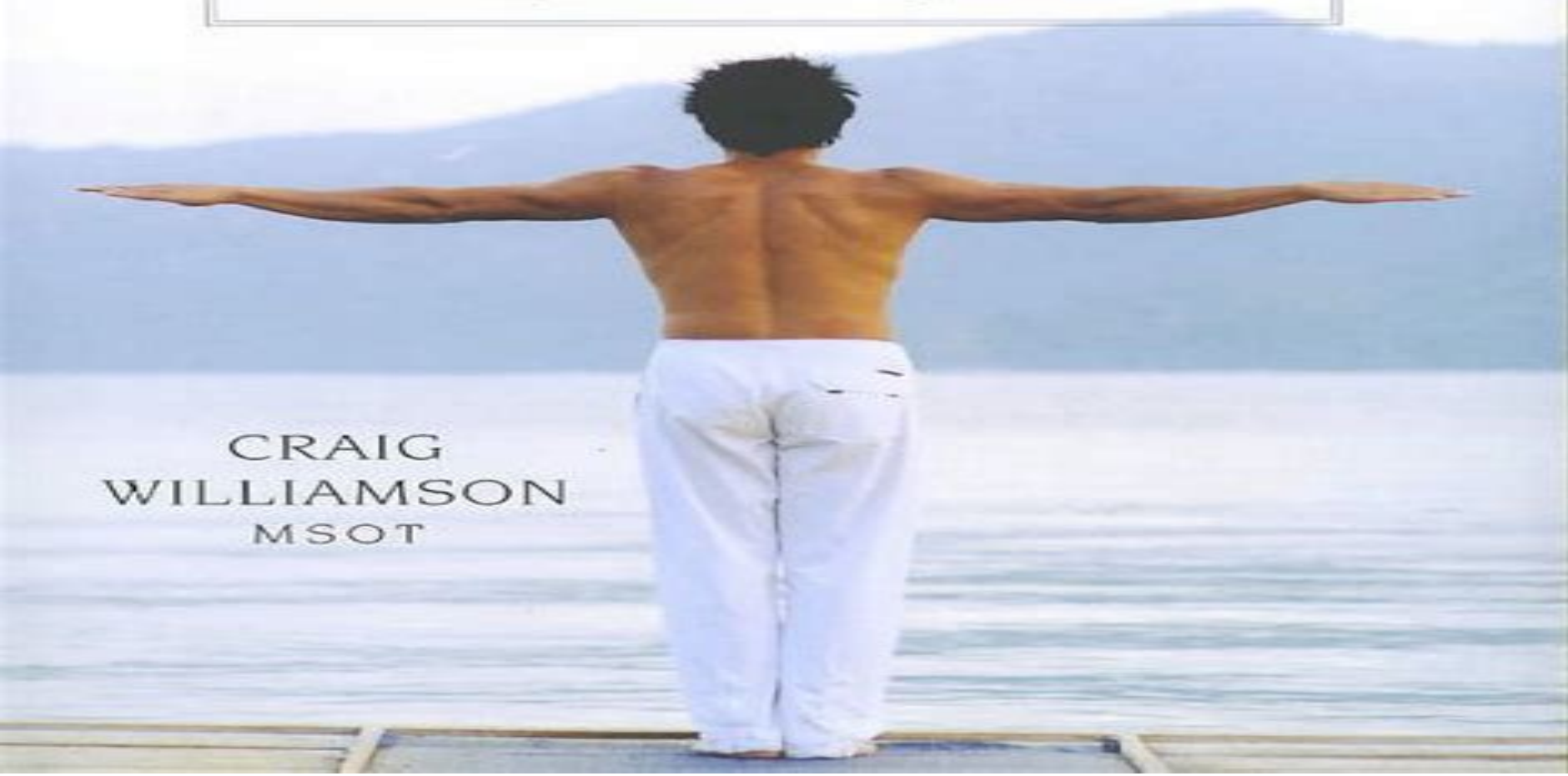


Muscular Retraining *for* Pain-Free Living

A practical approach
to eliminating chronic back pain, tendonitis,
neck and shoulder tension, and
repetitive stress injuries

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Muscular Retraining For Pain Free Living

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