

# DENVER DAHL

## Account Manager

📞 +1 555 555 5555

📍 San Francisco, CA

✉ denver.dahl@example.com

🌐 [LinkedIn.com/denver-dahl](#)

## EXPERIENCE

### Key Account Manager

Lauzon

📅 2016 - Ongoing 📍 San Francisco, CA

Lauzon is a leading worldwide manufacturer, designer, and supplier of bearings, linear motion products, precision bearings, spindles, seals, and services. Responsible for business development with Key Accounts with main focus in ENERGY, POWER UTILITIES and HEAVY industries.

- Achieved 12% growth in the account's revenue and 7% profitability improvement.
- Generated \$2,000,000+ new revenue by signing 10 new accounts.
- Presented to over 600 delegates in Europe for facilitating new insurance tracking process.
- Established a Cloud Team and increased Cloud Business profit 8X.

### Senior Account Manager

Koepp Inc

📅 2014 - 2016 📍 San Francisco, CA

Koepp Inc is Google Street View certified agency.

- Managed Search, Shopping & Display ads for major brands with total monthly ad spend of around \$150,000/month.
- Managed the largest key account generating \$17,500,000 annually.
- Worked with the BSO team for 6 months as being the sole responsible for their online marketing campaigns.

### Account Manager Infrastructure & Application Development

Drouin S.A.R.L.

📅 2012 - 2014 📍 San Francisco, CA

- Pioneered sales of Fixed+mobile services in Spain in 2012.
- Achieved 126% Revenue Attainment in H2 (Jan-Jun 2013).
- Increased a French fashion brand PPC revenue by 90% YoY, mainly with the help of our shopping campaigns.
- Achieved to reach a level of satisfaction of 9+ over 10 with the usage of Oracle Support for one top account.

## EDUCATION

### Master of Marketing Management [MMM]

La Trobe University

📅 2007 - 2008 📍 San Francisco, CA

## KEY ACHIEVEMENTS



#### Building the future

Established a Cloud Team and increased Cloud Business profit 8X.



#### Market share - Key accounts & projects

Generated \$2,000,000+ new revenue by signing 10 new accounts



#### Managing the largest accounts

Managed the largest key account generating \$17,500,000 annually.



#### Work-life balance

I recharge spending my weekends in nature with my family of 5.

## SKILLS

|                          |                    |       |            |       |             |         |
|--------------------------|--------------------|-------|------------|-------|-------------|---------|
| MS Office Programs       | Windows & Mac OS-X | Asana | Salesforce | Agile | CRM Systems | Hubspot |
| LinkedIn Sales Navigator | Dun & Bradstreet   |       |            |       |             |         |

## LANGUAGES

|         |        |        |            |       |          |
|---------|--------|--------|------------|-------|----------|
| English | Native | German | Proficient | Greek | Advanced |
|---------|--------|--------|------------|-------|----------|

# Resume Template Last 90 Days

**C Cleary**



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emotions eating can be a way to temporarily silence or stuff down uncomfortable emotions including anger fear sadness anxiety loneliness resentment and shame

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web jul 14 2017 treatments for eating disorders include therapy education and medication find out what works eating disorder treatment depends on your particular disorder and your symptoms it typically includes a combination of psychological therapy psychotherapy nutrition education medical monitoring and sometimes medications

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web dec 2 2022 emotional eating is eating as a way to suppress or soothe negative emotions such as stress anger fear boredom sadness and loneliness major life events or more commonly the hassles of daily life can trigger negative emotions that lead to emotional eating and disrupt your weight loss efforts these triggers might include

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a scoping review of emotion regulation and inhibition in emotional - Dec 05 2022

web nov 10 2023 emotional eating is defined as a nonpathological eating behavior whereas binge eating disorder is defined as a pathological eating behavior while different both share some striking similarities such as deficits in emotion regulation and inhibition previous research has suggested the existence of an eating continuum that might

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what is emotional eating cleveland clinic health essentials - May 10 2023

web nov 12 2021 the technical definition of emotional eating is eating in order to escape numb change or amplify our feelings an expert weighs in with tips on how to overcome this learn about the connection

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web living with an eating disorder about 10 of the us population will deal with an eating disorder at some point in their lives conditions like anorexia and bulimia can have a number of effects on your physical and mental health while it may be difficult to overcome these conditions with the right treatment plan and support system you can

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web mar 28 2023 anorexia anorexia nervosa also called anorexia nervosa can be a life threatening eating disorder it includes an unhealthy low body weight intense fear of gaining weight and a view of weight and shape that is not realistic

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web jun 22 2023 it can also impact your emotional wellbeing because your underlying emotions aren t being addressed effectively in severe cases individuals may develop an eating disorder like bulimia to help them cope with stress or binge eating breaking the cycle of emotional eating can be incredibly challenging and will take time

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web may 13 2020 the key finding was that trait emotional eating moderated the emotional eating relationship in that high emotional eaters increased whereas low emotional eaters decreased their food craving ratings in the negative compared to the neutral mood condition