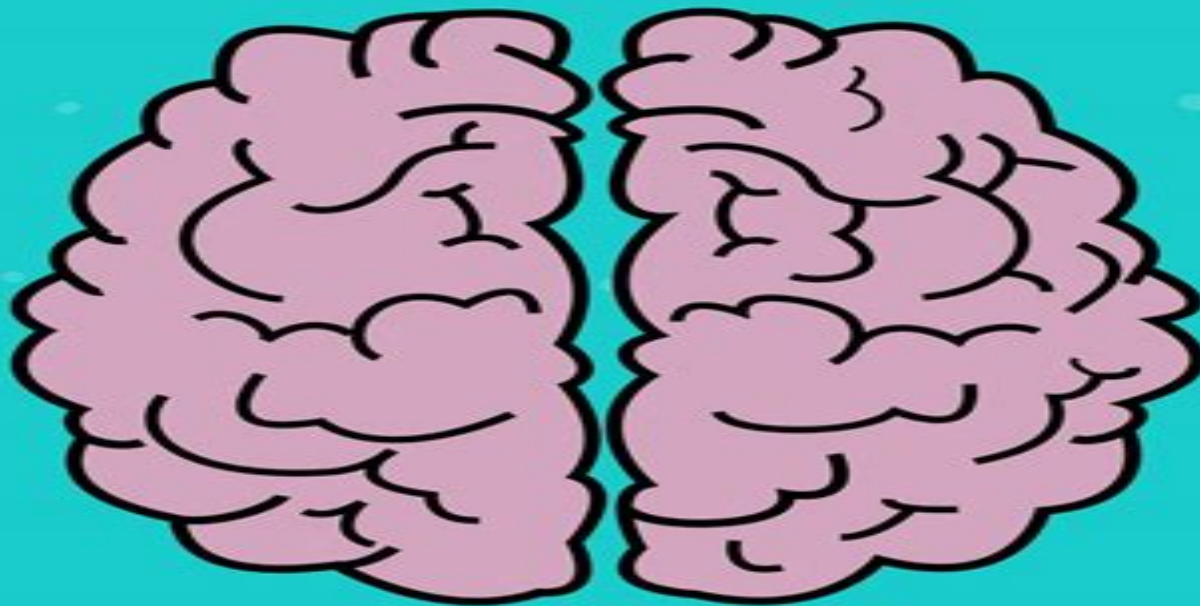


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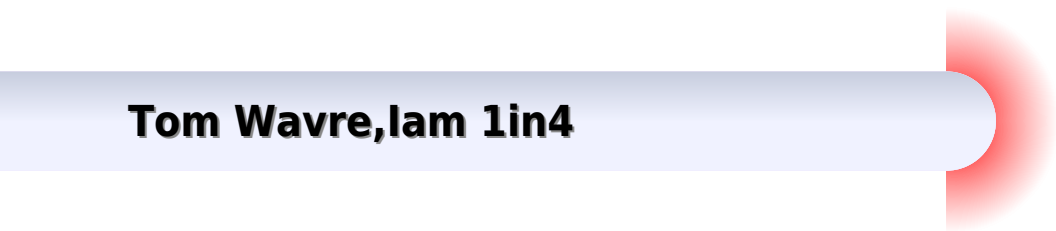
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managing and improving
mental health***



WRITTEN BY CHARLES BOB

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Tom Wavre, lam 1in4



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