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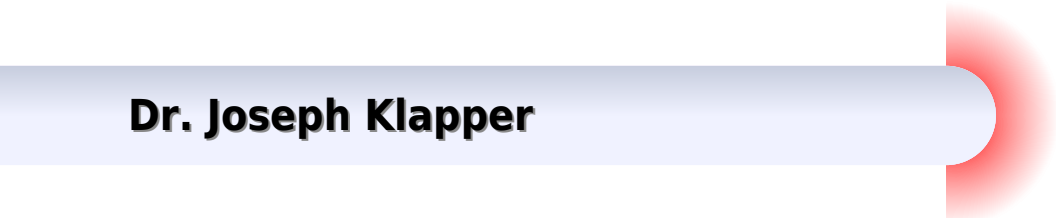
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Dr. Joseph Klapper



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Walking Medicine Gary Yanker,Kathy Burton,1990 Recommends the health benefits of walking describes walking programs for people of different ages and different health concerns and discusses shoes and foot problems

American Heart Association Guide to Heart Attack American Heart Association,1998 Presents information on the treatment recovery and prevention of heart attack discussing the warning signs the causes and health consequences of an attack and the steps that can be taken to prevent a repeat episode

The Complete Manual of Fitness and Well-being Reader's Digest Association (Canada),Sélection du Reader's digest (Canada) (Firme),1988 In addition to exercise and diet this account covers such topics as human growth body parts and health

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