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Walt Disney World Hacks, 2nd Edition Susan Veness,Samantha Davis-Friedman,2024-04-02 Hack your next Disney vacation to make the most magical place on earth the absolute happiest it can be with this updated guide to getting the most out of your visit Did you know Some attractions inflate their wait time at the end of the day to discourage riders from entering the line when they re preparing to close Check the rides in person you might be able to cut your wait time in half since there might not actually be a long line Although pricier Genie can sometimes come with extra freebies if you know where to look A great benefit is free digital downloads of select Disney PhotoPass attraction photos Packing something as simple as an extra pair of socks can really save your Disney day Whether you re met with unexpected weather or are just tired from miles literally of walking switching out your socks halfway through the day can provide a much needed refresh Hack your next Disney vacation to experience as much Disney magic as possible Walt Disney World has experienced a lot of changes in recent years from the end of many iconic beloved programs to updated attractions to price increases on everything from tickets to food and more With this book in hand you ll be prepared to handle every park change in stride meet your favorite characters and enjoy your favorite rides while skipping the lines the large price tags and the stress Utilize the new Genie program to the fullest choose the Annual Passholder option that s best for you and more Walt Disney World Hacks 2nd Edition will help you maximize your experience with up to date hacks on everything from Genie to new attractions and more With 350 simple tricks little known facts and helpful hacks Walt Disney World Hacks 2nd Edition will help you make sure your next Disney vacation is your happiest ever *Hack Your Hormones* Davinia Taylor,2023-05-25 THE INSTANT NUMBER ONE SUNDAY TIMES BESTSELLER A wonderful book Dr Chris van Tulleken Sunday Times bestselling author of *Ultra Processed People* Sleep better thanks to cherries Fix your brain fog with good fats Improve your metabolism with brazil nuts When we talk about hormones we so often think of them as a women s issue But our hormones regulate everything from our sleep to the way we eat our stress response and our moods In *Hack Your Hormones* Davinia Taylor entrepreneur and biohacking pioneer breaks down how best to optimise all of our hormones Davinia gives symptom led advice backed up with the expertise of a doctor on how lifestyle hacks and supplements can balance our cortisol adrenaline dopamine and more even Vitamin D yep it s a hormone And the answers might be as close as your kitchen cupboards This groundbreaking new book is full of simple accessible hacks that will make you feel not just better but amazing Let s get our hormones into the optimum place they can be Because if I can feel better then anyone can This is proper real empowerment not tampon ad empowerment This is your body nobody can look after it like you can Davinia Non Fiction Paperback bestseller The Sunday Times nine consecutive weeks from 4th June 2023 [Hacking Exposed Web Applications, Second Edition](#) Joel Scambray,Mike Shema,Caleb Sima,2006-06-05 Implement bulletproof e business security the proven Hacking Exposed way Defend against the latest Web based attacks by looking at your Web applications through the eyes of a malicious intruder

Fully revised and updated to cover the latest Web exploitation techniques Hacking Exposed Web Applications Second Edition shows you step by step how cyber criminals target vulnerable sites gain access steal critical data and execute devastating attacks All of the cutting edge threats and vulnerabilities are covered in full detail alongside real world examples case studies and battle tested countermeasures from the authors experiences as gray hat security professionals Find out how hackers use infrastructure and application profiling to perform reconnaissance and enter vulnerable systems Get details on exploits evasion techniques and countermeasures for the most popular Web platforms including IIS Apache PHP and ASP NET Learn the strengths and weaknesses of common Web authentication mechanisms including password based multifactor and single sign on mechanisms like Passport See how to excise the heart of any Web application s access controls through advanced session analysis hijacking and fixation techniques Find and fix input validation flaws including cross site scripting XSS SQL injection HTTP response splitting encoding and special character abuse Get an in depth presentation of the newest SQL injection techniques including blind attacks advanced exploitation through subqueries Oracle exploits and improved countermeasures Learn about the latest XML Web Services hacks Web management attacks and DDoS attacks including click fraud Tour Firefox and IE exploits as well as the newest socially driven client attacks like phishing and adware

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