

TO THE
hamile
s never
CROWDED

WEIGHT LOSS

starting weight: 225 lbs.

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	32	33	34	35
36	37	38	39	40	41	42
43	44	45	46	47	48	49
50	51	52	53	54	55	56
57	58	59	60	61	62	63

TRACKER*

goal weight: 115 lbs.

64	65	66	67	68	69	70
71	72	73	74	75	76	77
78	79	80	81	82	83	84
85	86	87	88	89	90	91
92	93	94	95	96	97	98
99	100	101	102	103	104	105
106	107	108	109	110	celebrate	

May 14, 2018

weight 225lb
chest 58in
waist 42in
hips 55in

size 18-20
bust 36L
waist 12in
length 30in

weight
chest
waist
hips

size
bust
waist
length

Reddit Weight Loss Plan Ideas

RD Boyd



Reddit Weight Loss Plan Ideas:

Uncover the mysteries within Explore with is enigmatic creation, Discover the Intrigue in **Reddit Weight Loss Plan Ideas** . This downloadable ebook, shrouded in suspense, is available in a PDF format (Download in PDF: *). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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