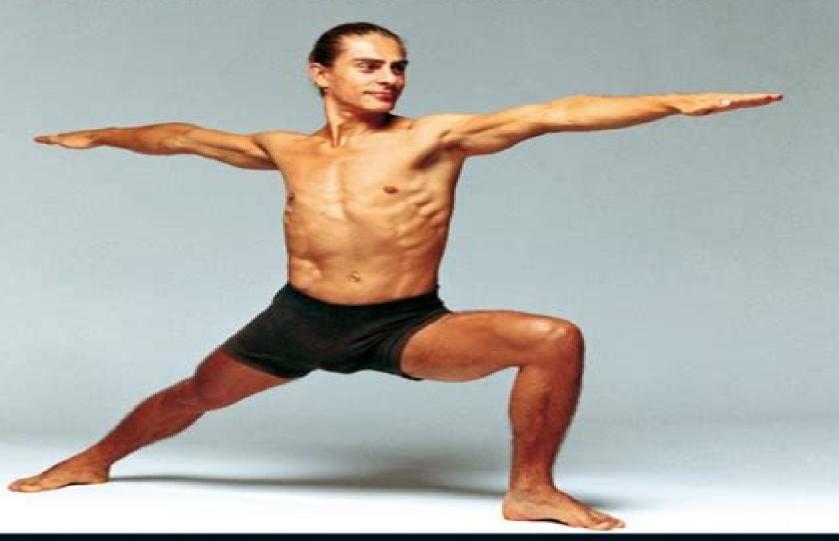
### PETRI RÄISÄNEN

# ASHTANGA YOGA

La práctica del yoga según el método de Sri Pattabhi Jois



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