

I. DEMOGRAPHIC PROFILE

Name: _____ Sex: _____ Age: _____

Strand & Section: _____ Learning Modality (please check): ONLINE _____ OFFLINE: _____

Height: _____ Weight: _____ Body Mass Index (BMI): _____

Average Family Income: _____

II. QUESTIONNAIRE

THE MULTIDIMENSIONAL BODY-SELF RELATIONS QUESTIONNAIRE (MBSRQ)

The following pages contain a series of statements about how people might think, feel, or behave. In order to complete the questionnaire, read each statement carefully and decide how much it pertains to you personally. Using a scale like the one below, indicate your answer by **HIGHLIGHTING** the number that corresponds your answer for each item.

01. APPEARANCE EVALUATION (7 ITEMS)

Instructions: Using the scale below, please **HIGHLIGHT** or tick mark the number that best matches your agreement with the following statements.

	Definitely Disagree	Mostly Disagree	Neither Agree Nor Disagree	Mostly Agree	Definitely Agree
1. I am sexually attractive.	1	2	3	4	5
2. I like my looks just the way they are.	1	2	3	4	5
3. Most people would consider me good looking.	1	2	3	4	5
4. I like the way I look without my clothes on.	1	2	3	4	5
5. I like the way my clothes fit me.	1	2	3	4	5
6. I dislike my physique.	1	2	3	4	5
7. I am physically unattractive.	1	2	3	4	5

02. APPEARANCE ORIENTATION (12) ITEMS

Instructions: Using the scale below, **HIGHLIGHT** or tick mark the number that best matches your agreement with the following statements.

	Definitely Disagree	Mostly Disagree	Neither Agree Nor Disagree	Mostly Agree	Definitely Agree
8. Before going out in public, I always notice how I look.	1	2	3	4	5
9. I am careful to buy clothes that will make me look my best.	1	2	3	4	5
10. I check my appearance in a mirror whenever I can.	1	2	3	4	5

Multidimensional Body Self Relations Questionnaire

Violeta Enea



Multidimensional Body Self Relations Questionnaire:

The Multidimensional Body-self Relations Questionnaire Thomas F. Cash, 2000 *Adults: A Sourcebook* Joel Fischer, Kevin J. Corcoran, 1994 Now this updated and expanded two volume edition of Fischer and Corcoran's standard reference enables professionals to gather this vital information easily and effectively In *Measures for Clinical Practice Volume 1 Couples Families and Children and Volume 2 Adults* Joel Fischer and Kevin Corcoran provide an extensive collection of over 320 rapid assessment instruments RAIs including questionnaires and scales which assess virtually any problem commonly encountered in clinical practice All instruments are actually reprinted in the book and are critiqued by the authors to aid in their selection The instruments included are brief and easy to administer and will be useful for all types of practice and all theoretical orientations *Interdisciplinary Research on Healthcare and Social Service* Sheying Chen, Leidong Wei, 2024-09-24 Research on healthcare and social service including professional social work is inherently an international subject Each nation has a story of coping with the recent pandemic in the context of its political economy and cultural historical settings A study of various especially non Western cases is essential to an adequate understanding of the undertaking China is undoubtedly an important case with one of the largest populations on earth It's unique in view of so called Chinese characteristics style model sometimes fundamentally different from Western societies Any lessons learned from the Chinese experiences would help with a better understanding of healthcare and social welfare provisions on a global scale The book is written by a scholarly team who are experts in healthcare social work and related fields Its primary audiences are scholars and students in Health Mental Health Social Work Welfare Services Public Social Policy Philanthropy and Nonprofit Organizations International Cross Cultural Studies and Chinese China research **Attitude to Body-Risk Factor or Health Factor in Psychopathology** Violeta Enea, 2022-05-31 Issues in Psychology and Psychiatry Research and Practice: 2011 Edition, 2012-01-09 *Issues in Psychology and Psychiatry Research and Practice 2011 Edition* is a ScholarlyEditions eBook that delivers timely authoritative and comprehensive information about Psychology and Psychiatry Research and Practice The editors have built *Issues in Psychology and Psychiatry Research and Practice 2011 Edition* on the vast information databases of ScholarlyNews You can expect the information about Psychology and Psychiatry Research and Practice in this eBook to be deeper than what you can access anywhere else as well as consistently reliable authoritative informed and relevant The content of *Issues in Psychology and Psychiatry Research and Practice 2011 Edition* has been produced by the world's leading scientists engineers analysts research institutions and companies All of the content is from peer reviewed sources and all of it is written assembled and edited by the editors at ScholarlyEditions and available exclusively from us You now have a source you can cite with authority confidence and credibility More information is available at <http://www.ScholarlyEditions.com> An Introduction to Intermediate and Advanced Statistical Analyses for Sport and Exercise Scientists Nikos Ntoumanis, Nicholas D. Myers, 2016-01-19 Ntoumanis and Myers have done sport and exercise

science researchers and students a tremendous service in producing *An Introduction to Intermediate and Advanced Statistical Analyses for Sport and Exercise Scientists*. This book has an outstanding compilation of comprehensible chapters dealing with the important concepts and technical minutia of the statistical analyses that sport and exercise science scholars use or should be using in their efforts to conduct meaningful research in the field. It is a resource that all sport and exercise scientists and their students should have on their book shelves. Robert Eklund, School of Sport, University of Stirling, UK. Motivating to have a statistics text devoted to enabling researchers studying sport and exercise science to apply the most sophisticated analytical techniques to their data. Authors hit the mark between using technical language as necessary and user friendly terms or translations to keep users encouraged. Text covers traditional and well used tools but also less common and more complex tools but always with familiar examples to make their explanations come alive. As a dynamic systems theorist and developmentalist, I would love to see more researchers in my area create study designs that would enable the use of tools outlined here such as multilevel structural equation modeling (MSEM) or mediation/moderation analyses to uncover cascades of relations among subsystems contributing to motor performance over time. This text can facilitate that outcome. Beverly D. Ulrich, School of Kinesiology, University of Michigan, USA. The domain of quantitative methods is constantly evolving and expanding. This means that there is tremendous pressure on researchers to stay current both in terms of best practices and improvements in more traditional methods as well as increasingly complex new methods. With this volume, Ntoumanis and Myers present a nice cross section of both helping sport and exercise science researchers to address old questions in better ways and even more excitingly to address new questions entirely. I have no doubt that this volume will quickly become a lovingly dog-eared companion for students and researchers helping them to continue to move the field forward. Gregory R. Hancock, University of Maryland and Center for Integrated Latent Variable Research (CILVR), USA.

Afro-Caribbean Dynamics of Sex and Relationships Kai A.D. Morgan, Campbell, 2025-07-31. *Afro Caribbean Dynamics of Sex and Relationships: Reclaiming the Caribbean Sexual Narrative* examines the complexities of sexuality and relationships in the Caribbean shaped by colonial legacies, cultural norms and evolving gender roles. Through seven original research studies, it explores a wide range of topics related to sexuality and intimate relationships including body image and sexual satisfaction, sexual socialization and communication, perceptions of unconventional relationships, the psychological impact of adverse childhood experiences on intimate relationships, family structure's influence on sexual identity, sexual decision making among Caribbean youth and the intersections of mental health, trauma and intimacy. This book challenges Eurocentric narratives, offering a culturally grounded framework for understanding Afro-Caribbean sexuality. Bridging psychology, sociology and history, it is essential reading for scholars, researchers and academics in gender, sexuality, Caribbean studies and postcolonial mental health. [Issues in Quality in Healthcare and Quality of Life: 2011 Edition](#), 2012-01-09. *Issues in Quality in Healthcare and Quality of Life: 2011 Edition* is a ScholarlyEditions eBook that delivers timely, authoritative and

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An Exploratory Study of the Relationship Between Body Experience and Self-care Agency to Manage Urinary Incontinence Sandra Hines,2006

Directory of Unpublished Experimental Mental Measures Bert A. Goldman,2003

Directory intended to provide researchers ready access to sources of recently developed experimental measures For the most part only American journals were used as sources Entries arranged under categories e g Achievement Each entry gives test name purpose number of items format author journal reference and related research

Index Only v 2 1978 examined

Relational-cultural Theory, Body Image and Physical Health Ora Nakash,2004

Body Image Disturbance J. Kevin Thompson,1990 Includes Obligatory Exercise Questionnaire Teasing Assessment Scale Body Image Anxiety Scale and the Multidimensional Body Self relations Questionnaire

Table 4 1 includes a listing of measures used in theassessment of size estimation accuracy and subjective aspects of body image disturbance

Canadian Journal of Psychiatry ,2004

The Psychosocial and Situational Antecedents of Anabolic-androgenic Steroid Use Steven Geoffrey Simensky,1997

Research Quarterly for Exercise and Sport ,2009

Adult Psychopathology and Diagnosis Michel Hersen,Samuel M. Turner,2003-04-24

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courses in psychology counseling and social work as well as an excellent reference for psychologists psychotherapists counselors and other professionals in the field *Encyclopedia of Human Behavior: R-Z, Index* V. S. Ramachandran,1994

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