

8 WEEK

fat burning

WEIGHT LOSS

WORKOUT PLAN

week 1

MONDAY

- 15 jump rope x3
- 8 goblet squats x3
- 8 kettlebell swings x3
- 8 lunges x3
- 10 jump rope x3
- 8 glute bridges x3
- 20 jump rope

TUESDAY

- 15 jump rope
- 8 push-ups x3
- 8 standing bicep curls x3
- 15 jump ropes x3
- 8 tricep dips x3
- 8 hammer curls x3
- 8 overhead shoulder press x3
- 20 jump rope x3

WEDNESDAY

- 20 Jump rope
- 10 slow mountain climbers
- 10 Russian twists
- 30 jump rope
- 20-sec planks
- 20 jump rope
- 20-sec plank
- 10 Russian twists
- 12 slow mountain climbers
- 30 jump rope

THURSDAY

- 10 jump rope x3
- 6 goblet squats x3
- 6 kettlebell swings x3
- 6 lunges x3
- 10 jump rope x3
- 6 glute bridges x3

FRIDAY

- 15 jump rope
- 6 push-ups x3
- 6 standing bicep curls x3
- 15 jump ropes x3
- 6 tricep dips x3
- 6 hammer curls x3
- 6 overhead shoulder press x3
- 10 jump rope x3

SATURDAY

- Rest & recovery

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THE FULL WORKOUT PLAN

Romantasy S Weight Loss Plan Latest

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Romantasy S Weight Loss Plan Latest:

One Bite: An Adult Fairy Tale Retelling Romantasy Series Jennifer Blackstream, 2013-09-29 Prince Charming saved her life But if the ruthless vampire royal wants Snow White's help he'll need to do better than that Kirill is a vampire prince determined to be a vampire king Irina wants freedom for herself and her kingdom If they can each give a little they may get more than either of them bargained for Irina's fiery temper melts Kirill's cold vision of his kingdom's future But a shared enemy threatens their tentative alliance Unbeknownst to him Kirill's kiss has sealed Irina's fate To save her the vampire prince will have to decide between the power he wants and the woman he needs The Blood Prince series is a sensual paranormal romance series that twists beloved fairy tales into original tales of love adventure and well blood You'll laugh you'll cry and ultimately you'll need to sink your teeth into the next book as you follow a desperate desire to find out just what the werewolf the vampire the demon the angel and the god are really up to All of my books are written in the same universe yes even the Blood Trails series which is contemporary not historical like the Blood Prince Blood Realm series and you'll have to read Deadline to find out how I managed that Be ready for crossovers and cameos Series keywords fantasy fantasy romance mythology fantasy series speculative fiction paranormal myths myth retelling fairy tales fairy tale retellings folktales folklore humor action adventure deities gods magic elves romance epic free first in series complete series **After The Rift: A**

Romantasy (fantasy romance) Boxed Set C.J. Archer, 2020-09-22 This boxed set contains the first 3 books in the AFTER THE RIFT romantasy romantic fantasy series by multi USA Today and Wall Street Journal bestselling author C J Archer Series is complete with 6 books This fantasy novel is simply the most captivating I remember reading in decades of fantasy books It has been years and years since I have stayed up all night literally to read a book An exceptional story plot with characters who are written in a manner that makes them feel so real How does Ms Archer create pure magic so easily This is one of the best books that she has ever written ABOUT BOOK 1 THE PALACE OF LOST MEMORIES The king's magnificent palace was built in a matter of weeks No one saw the builders no villagers are allowed beyond the gilded gate and only one servant has ever left The haunted look in her eyes as she was recaptured by the palace guards is something Josie daughter of the village healer has never forgotten For Josie the palace is a mystery that grows more intriguing after she meets the captain of the guards a man known only as Hammer as mysterious and captivating as the palace itself Whispers of magic fuel Josie's desire to uncover the truth but an ordinary girl like her can only dream of ever being invited inside When the king decides to take a wife from among the eligible daughters of the noble families the palace gates are finally thrown open and the kingdom's elite pour in In a court where old rivalries and new jealousies collide the king's favorite is poisoned and the healer is summoned As her father's assistant Josie finally sees inside the lavish walls but she soon learns the palace won't surrender its secrets easily for not a single resident from the lowest servant to the king himself has a memory from before the palace existed In her quest to help the servants Josie becomes embroiled in courtly intrigues alongside the enigmatic

captain As their feelings for each other grow the hopelessness of their situation becomes apparent How can she love a man who doesn't know his own past To make matters worse they discover that ending the enchantment will shake the very foundations of the kingdom and destroy everything Josie holds dear **New York Court of Appeals. Records and Briefs.** New York (State)., **Fire Kin: A Second Chance Romantasy** M.J. Scott, 2024-10-22 Get ready to be swept away by this darkly intense and steamy romantasy series from RITA Award nominated author M J Scott In a city preparing for war I've chosen a side When my kind the Fae retreated I remained behind with the humans knowing they'd need my talent for healing as they try to defeat the Night World The humans are desperate outnumbered by the Blood and the Beast Kind But I never expected them to seek aid from the one man I've tried everything to forget Asharic is Fae like me and once my heart was his Until he was exiled by the Queen whose death has splintered the city's peace and whose empty throne is dividing the Fae Now he's coming home with his mercenary army to fight a battle I'm not sure we can win I tell myself he means nothing to me now but Ash's power is fire and he still makes me burn with just a look I'm not the only one thrown off balance by his return The vast magic he commands threatens more than just the Night World and there are those who would sacrifice the city to take him down As old enemies move against him and the Blood push for conquest navigating past hurts and new alliances seems impossible To stand against the dark I need to embrace the fire and hope it doesn't leave me with nothing but ashes Fire Kin is the fourth and final book in the Half Light series a dark and steamy romantic fantasy series from RITA Award nominated author M J Scott It's an intense and scorching second chance romance between a Fae healer and the disgraced Fae warrior returning from exile to stop a war If you love worlds with vampires shapeshifters Fae and human magic intrigue and action a la Sarah J Maas then this is your next binge worthy series Author's note This series is complete but in the process of being re-released all books will be available again by the end of October 2024 For tropes and CW please check the author's website **The Perimenopause Survival Guide** Heather Hirsch, 2025-10-14 Dr Heather Hirsch renowned founder of the Menopause Clinic at Brigham and Women's Hospital and featured expert on Oprah Winfrey's The Life You Want series offers a groundbreaking expert led guide to not only navigate but truly thrive through perimenopause Perimenopause the transitional phase before menopause can feel like one of the most disorienting and unspoken chapters in a woman's life From hot flashes and brain fog to anxiety back pain and sleep disruption the symptoms are real but the guidance often isn't Too many women between the ages of 35 and 50 find themselves confused dismissed or unsupported by their providers The Perimenopause Survival Guide is a clear compassionate and evidence based resource from one of the most trusted voices in women's hormonal health Dr Heather Hirsch draws on her years of clinical experience to help women understand what's happening in their bodies and how to take charge of their care In this essential guide you'll learn What's really driving your symptoms and how to decode them Proven FDA approved treatment options plus how to evaluate what's right for you The importance of managing perimenopause now for long term health How to advocate for yourself and build a

care plan around your individual needs and goals Whether you re just starting to notice subtle changes or already deep in the hormonal rollercoaster The Perimenopause Survival Guide empowers you with clarity confidence and the tools to feel like yourself again

Ashes of Roses Christine Pope, Sometimes the greatest magic is believing you deserve love Emperor Torric Deveras refuses to make a loveless marriage defying his counselors to host a five day celebration where he ll choose his Empress from among all the marriageable women in his kingdom Ashara Millende should be a noblewoman but her scheming stepmother stole her inheritance leaving her a servant in what should have been her own home She dreams of escape and finding someone who will love her for who she truly is but attending the Emperor s festivities seems impossible When a mysterious woman appears offering Ashara the chance to win her heart s desire she must decide if she s bold enough to reach for a love that seems far beyond her station In a world where royal intrigue and familial deceit threaten at every turn will Ashara discover that the greatest transformation comes not from magic but from believing she deserves her happily ever after

Author s Note While this is the fourth book in this series all Tales of the Latter Kingdoms novels are written as standalone romances and can be read in any order

KEYWORDS Cinderella fairy tale retelling fairytale retelling romantasy romantic fantasy

Haunted By The Kiss Eva Ravelle, One kiss wakes the house When brooding heir Rowan Hart steps into storm battered Blackthorn Manor to erase his father s debts the walls begin to whisper On the cliffs lighthouse keeper Elowen Gray guards the coast s stories with a red lantern gaze and a rule if they touch they tell the truth Drawn together by an impossible pull they stumble on century old letters a locket that still smells of violets and a ledger inked with sins the sea never forgave As tides rise and strangers circle the manor breathes mirrors fog with messages and the lighthouse remembers names To save the living and set the lost to rest Rowan and Elowen must drag the truth from the water defy a charming predator who wants the house for darker tides and choose a haunting they ll never want to escape Moody sensual and salt stung Haunted By The Kiss is a fiercely romantic gothic about devotion restoration and the cost of keeping the light on no spoilers only the promise of a truth worth earning

Categories Gothic Romance Paranormal Romance Ghosts Romantic Suspense Supernatural Thriller Ghost Fiction This book contains explicit scenes violence and morally grey characters Reader discretion is advised

The Secret Romantic's Book of Magic Kelley Armstrong, Tasha Suri, A.G. Slatter, A.C. Wise, Melissa Marr, Megan Bannen, Hannah Nicole Maehrer, Eliza Chan, Marie O'Regan, Paul Kane, Olivie Blake, 2025-06-24 Enemies become lovers rivalry turns to romance and convenient marriages create true love in these 12 addictive Romantasy tales Featuring Olivie Blake Kelley Armstrong Katherine Arden Hannah Nicole Maehrer Tasha Suri Melissa Marr and more Fall in love with these twelve gorgeous Romantasy stories from bestselling and beloved authors Lost lovers return for a second chance but what are their motives Academic rivals compete for a prestigious position but their sizzling chemistry might get in the way A monster slayer posing as an unwitting sacrifice meets an intriguingly moral prince From relationships caught in disparate timelines to ghostly ballrooms and dragons that need rescuing from princesses this anthology gives you an inventive new

spin on all your favorite tropes and much more that you've never seen before **FEATURING BRAND NEW STORIES FROM** Olivie Blake A G Slatter Tasha Suri Katherine Arden Kelley Armstrong Hannah N Maehrer Melissa Marr Megan Bannen Kelly Andrew Kamilah Cole A C Wise Eliza Chan **Thomas's Choice (Scanguards Vampires #8)** Tina Folsom, For over a year gay Scanguards vampire and master of mind control Thomas has meticulously mentored his protégé the young vampire Eddie. For just as long Thomas has harbored a secret love for him but he's convinced his powerful affection will never be returned. During a perilous patrol through San Francisco a desperate diversionary kiss from Eddie shatters Thomas's composure and ignites a terrifying realization in Eddie. He's undeniably uncontrollably drawn to his mentor an unexpected attraction that threatens to shatter the very foundation of their relationship. As Eddie grapples with the shame of his sexual desires Thomas's hope crumbles. Hurt and disappointment propel him down a treacherous path one that threatens to consume not only him but everyone he holds dear. Only Eddie can pull him back from the precipice of eternal darkness. But does Eddie possess the courage to confront his deepest fears and claim the man who is undeniably his before it's too late.

Lara Adrian New York Times Bestselling Author of the Midnight Breed series I'm addicted to Tina Folsom's books. The Scanguards series is one of the hottest things to happen to vampire romance. If you love scorching fast-paced reads don't miss this thrilling series.

ABOUT THE SERIES The Scanguards Vampires series is full of fast-paced action scorching love scenes witty dialogue and strong heroes and heroines. Vampire Samson Woodford lives in San Francisco and owns a security bodyguard company Scanguards which employs both vampires and humans. And eventually some witches. Throw in a few immortal guardians and demons later in the series and you'll get the drift. Each book can be read as a standalone and always centers around a new couple finding love but the series is more enjoyable when read in order. And of course there are always a few running jokes you'll understand when you meet Wesley a wannabe witch. Enjoy Scanguards Vampires.

Samson's Lovely Mortal 1 Amaury's Hellion 2 Gabriel's Mate 3 Yvette's Haven 4 Zane's Redemption 5 Quinn's Undying Rose 6 Oliver's Hunger 7 Thomas's Choice 8 Silent Bite 8 Cain's Identity 9 Luther's Return 10 Novella Mortal Wish Blake's Pursuit 11 Fateful Reunion 11 John's Yearning 12 Ryder's Storm 13 Damian's Conquest 14 Grayson's Challenge 15 Isabelle's Forbidden Love 16 Cooper's Passion 17 Vanessa's Bravery 18 Patrick's Seduction 19 Stealth Guardians

Lover Uncloaked 1 Master Unchained 2 Warrior Unraveled 3 Guardian Undone 4 Immortal Unveiled 5 Protector Unmatched 6 Demon Unleashed 7 Venice Vampyr Wicked Lover 1 Final Affair 2 Sinful Treasure 3 Sensual Danger 4 Other Series

Code Name Stargate Out of Olympus The Hamptons Bachelor Club Time Quest Thriller Eyewitness The Scanguards Vampires series has it all: love at first sight enemies to lovers meet cute instalove alpha hero fated mates bodyguard band of brothers damsel in distress woman in peril beauty and the beast hidden identity soul mates first love virgins tortured hero age gap second chance love grieving lover return from the dead secret baby playboy kidnappings friends to lovers coming out secret admirer last to know unrequited love amnesia royalty forbidden love identical twins partners in fighting crime

Scattered Moonlight K.C. Harper, 2025-10-16 The adult romantasy series

comes to an end in this third instalment and Briar and Kane are coming back hotter and bolder than ever Briar will do anything to save the ones she loves Briar and Kane are headed for the aisle but their troubles are far from over Cambria is reeling from disaster while the Ithican government is crumbling and behind it all is one man Briar's psychotic stepfather who is determined to rule Briar's brother is in danger of having his true identity revealed And if it is there might be nothing Briar and Kane can do to save him or stop an all out war Meanwhile Briar is nursing a second secret the child growing inside her But with Amber and Isaac circling can Briar keep those she loves safe READERS LOVE KC HARPER This book had me on my KNEES and I was absolutely begging for more The PERFECT Crescent City hangover cure An absolute rollercoaster of emotions The palpable chemistry between the characters kept me hooked **Writers' & Artists' Yearbook 2026** Bloomsbury Publishing, 2025-07-17 This book is an excellent place to start I love it and hope your copy becomes as dog eared with overuse as many of my old ones did David Cohen This bestselling Writers Artists Yearbook contains a wealth of information on all aspects of writing and becoming a published author plus a comprehensive directory of media contacts Packed with practical tips it includes expert advice from renowned authors and industry insiders on submitting to agents and publishers writing non fiction and fiction across different genres and formats poetry plays broadcast media and illustration marketing and self publishing legal and financial information writing prizes and festivals Revised and updated annually the Yearbook includes thousands of industry contacts and over 80 articles from writers of all forms and genres including award winning novelists poets and playwrights scriptwriters for TV and audio songwriters and comedians If you want to find a literary or illustration agent or publisher would like to self publish or to crowdfund your creative idea then this Yearbook will help you New articles for this year include Foreword by Naomi Alderman Author editor relationships by eljka Maro evic Literary fiction by Rowan Hisayo Buchanan Short story collections by Vanessa Onwuemezi Nature writing by Sophie Pavelle Inclusivity in publishing by Aki Schilz Your debut novel by Jennie Godfrey Getting poetry published by Pascale Petit Being a lyricist by Kathryn Williams Scriptwriting by Robert Taylor Comedy writing by Dave Cohen Characters for TV by Kira Anne Pelican Playwriting by Carmen Marcus Literary agents by Eve White Writer development initiative by Julia Forster BookTok and social media promotion by Rosie Hewlett Night Forbidden Colleen Gleason, 2013-01-31 The fifth installment in Colleen Gleason's brilliantly conceived and executed Library Journal paranormal romance series set in a unique world Bruno Fence Washington survived the apocalypse emerging from a Sedona cave into a strange and terrible new world 50 years later Now scouring for answers about the malevolent Strangers the former extreme sportsman encounters a woman who calls to his every desire Try as she might Ana can't resist the man who tempts her in ways she never knew possible whose touch elicits truths she swore never to reveal But as they face a new evil rising up from the rolling ocean it could mean blanketing the world in unending night and his end TOP PICK RT BookClub Colleen Gleason's vision of the future is dark complex and sharply original Nalini Singh Gleason's time travel tale is dark dangerous and deliciously sexy as she packs her

wildly inventive plot with plenty of clever twists and pop culture inspired turns guaranteed to keep readers tuned in Booklist

Capsized Bridget E. Baker, 2021-11-15 When nightmares walk the Earth Alora dismantled Terra just as the Followers of Isis feared she would freeing its occupants and restoring the magic and denizens of the past Ra is alive and eager to reunite with his family Alora desperately hopes he will heal Jesse once and for all But not everyone is pleased and not everything is as it ought to be Ra may be powerful and skilled but he s also amassed quite a few enemies over the years As those opposed to his methods assemble against Alora she must puzzle out the mysteries of her ancient past to solve problems that were never resolved Can Alora save those she loves without losing herself in the process Will the world survive the clash of power that was put on hold for millennia kw urban fantasy urban fantasy romance historical fantasy Egyptian mythology Egyptian fantasy gods fantasy Egyptian gods Sekhmet Ra Gods reborn telekinetic contemporary fantasy portal fantasy rebirth chosen one destiny alexander the great epic fantasy contemporary fantasy romance fantasy romance gods reborn fantasy complete fantasy series Bridget E Baker Bridget Baker complete fantasy series complete urban fantasy series elementals prophecy red queen fans of crave fans of game of thrones best book for a teen book recs for teenagers gift for a teenager fans of firebird series firebird claudia gray fans of a thousand pieces of you **Writers' & Artists' Yearbook 2025** Bloomsbury

Publishing, 2024-08-29 What is your best investment Buying a copy of the Writers Artists Yearbook Kimberley Chambers This bestselling Writers Artists Yearbook contains a wealth of information on all aspects of writing and becoming a published author plus a comprehensive directory of media contacts Packed with practical tips it includes expert advice from renowned authors and industry insiders on submitting to agents and publishers writing non fiction and fiction across different genres and formats poetry plays broadcast media and illustration marketing and self publishing legal and financial information writing prizes and festivals Revised and updated annually the Yearbook includes thousands of industry contacts and over 80 articles from writers of all forms and genres including award winning novelists poets and playwrights scriptwriters for TV radio and videogames If you want to find a literary or illustration agent or publisher would like to self publish or to crowdfund your creative idea then this Yearbook will help you New content for this edition includes articles on If at first you don t succeed by Jessica Irena Smith The importance of story development by Greg Mosse Writing for readers by Rachel McLean Creating a poetry comic by Chrissy Williams Ghosting writing other people s stories by Gillian Stern Romantic motifs by Sue Moorcroft How a publicist can help you by Hannah Hargrave Writing across forms by Rob Gittins Pitching your travel ideas by Jen Sim Benson The hybrid author by Simon McLeave The wealth of information is staggering The Times

Writers' Handbook 2026 J. Paul Dyson, 2025-07-10 The 2026 edition of firstwriter com s annual directory for writers is the perfect book for anyone searching for literary agents book publishers or magazines It contains over 1 400 listings including revised and updated listings from the 2025 edition and over 200 brand new entries Finding the information you need is now quicker and easier than ever before with multiple tables and a detailed index and unique paragraph numbers to

help you get to the listings you're looking for. The variety of tables helps you navigate the listings in different ways and includes a Table of Authors which lists over 5 000 authors and tells you who represents them or who publishes them or both. The number of genres in the index has expanded to over 950. So for example while there was only one option for Romance in previous editions you can now narrow this down to Historical Romance Fantasy Romance Supernatural Paranormal Romance Contemporary Romance Diverse Romance Erotic Romance Feminist Romance Christian Romance or even Amish Romance. The new edition includes Over 600 literary agents and agencies Over 350 magazines and Over 400 publishers that don't charge fees. International markets become more accessible than ever with listings that cover both the main publishing centres of New York and London as well as markets in other English speaking countries. With more and more agents publishers and magazines accepting submissions online this international outlook is now more important than ever. There are no adverts no advertorials and no obscure listings padding out hundreds of pages. By including only what's important to writers contact details for literary agents publishers and magazines this directory is able to provide more listings than its competitors at a lower price. The book also allows you to create a subscription to the firstwriter.com website for free until 2027. This means you can get free access to the firstwriter.com website where you can find even more listings and also benefit from other features such as advanced searches daily email updates feedback from users about the markets featured saved searches competitions listings searchable personal notes and more. I know firsthand how lonely and dispiriting trying to find an agent and publisher can be. So it's great to find a resource like firstwriter.com that provides contacts advice and encouragement to aspiring writers. I've been recommending it for years now. Robin Wade literary agent at the Wade Doherty Literary Agency Ltd and long term firstwriter.com subscriber.

After the Rift Box Set C.J. Archer, 2022-01-14. This boxed set contains the all 6 books in the AFTER THE RIFT romantasy romantic fantasy series by multi USA Today and Wall Street Journal bestselling author C J Archer. This fantasy novel is simply the most captivating I remember reading in decades of fantasy books. It has been years and years since I have stayed up all night literally to read a book. An exceptional story plot with characters who are written in a manner that makes them feel so real. How does Ms Archer create pure magic so easily. This is one of the best books that she has ever written.

ABOUT THE SERIES The king's magnificent palace was built in a matter of weeks. No one saw the builders no villagers are allowed beyond the gilded gate and only one servant has ever left. The haunted look in her eyes as she was recaptured by the palace guards is something Josie daughter of the village healer has never forgotten. For Josie the palace is a mystery that grows more intriguing after she meets the captain of the guards a man known only as Hammer as mysterious and captivating as the palace itself. Whispers of magic fuel Josie's desire to uncover the truth but an ordinary girl like her can only dream of ever being invited inside. When the king decides to take a wife from among the eligible daughters of the noble families the palace gates are finally thrown open and the kingdom's elite pour in. In a court where old rivalries and new jealousies collide the king's favorite is poisoned and the healer is summoned.

As her father's assistant Josie finally sees inside the lavish walls but she soon learns the palace won't surrender its secrets easily for not a single resident from the lowest servant to the king himself has a memory from before the palace existed In her quest to help the servants Josie becomes embroiled in courtly intrigues alongside the enigmatic captain As their feelings for each other grow the hopelessness of their situation becomes apparent How can she love a man who doesn't know his own past To make matters worse they discover that ending the enchantment will shake the very foundations of the kingdom and destroy everything Josie holds dear

The Emperor and the Endless Palace Justinian Huang, 2024-03-26 Stonewall Book Award Winner 2025 A sweeping triumph in queer romance Booklist What if I told you that the feeling we call love is actually the feeling of metaphysical recognition when your soul remembers someone from a previous life In the year 4 BCE an ambitious courtier is called upon to seduce the young emperor but quickly discovers they are both ruled by blood sex and intrigue In 1740 a lonely innkeeper agrees to help a mysterious visitor procure a rare medicine only to unleash an otherworldly terror instead And in present day Los Angeles a college student meets a beautiful stranger and cannot shake the feeling they've met before Across these seemingly unrelated timelines woven together only by the twists and turns of fate two men are reborn lifetime after lifetime Within the treacherous walls of an ancient palace and the boundless forests of the Asian wilderness to the heart pounding cement floors of underground rave scenes our lovers are inexplicably drawn to each other constantly tested by the worlds around them As their many lives intertwine they begin to realize the power of their undying love a power that transcends time itself but one that might consume them both An unpredictable roller coaster of a debut novel **The Emperor and the Endless Palace** is a genre bending spicy romantasy that challenges everything we think we know about true love

AUTHOR'S NOTE **The Emperor and the Endless Palace** is a heart pounding romantasy full of shocking twists morally shifty characters and erotic thrills When it comes to the romance within this novel you can expect equal parts mess and swoon but its central thread is an epic tale of true love against all the odds

A Vow of Blood and Sap Haley Gallant, 2025-08-14 A kingdom's ruin A mercenary's redemption A princess's relentless pursuit of truth Princess Valia's world is shattered when her mother and sisters are killed and she is abducted and held under a sinister illusion Rescued by a strange mercenary who breaks the illusion with a kiss she returns home to the capital city of Wyra As Valia attempts to unravel the mystery of her family's attack with her magical connection to the Flora she begins to suspect that not everything is as it seems A confrontation with her father raises more questions than it answers so she defies his orders and embarks on a perilous journey to find the truth for herself Still haunted by the kiss that broke her illusion she enlists the aid of the mercenary man Together Valia and the mercenary must face horrifying creatures treacherous men and a growing bond neither of them expected As secrets come to light she must decide who to trust the kingdom that raised her or the enigmatic mercenary who saved her life **A Vow of Blood and Sap** is a spellbinding tale of romance magic and defiance of fate Join Valia and her mercenary companion on an epic adventure that will leave you breathless and yearning for more

Writers'

Handbook 2025 J. Paul Dyson, 2024-12-15 The 2025 edition of firstwriter.com's annual directory for writers is the perfect book for anyone searching for literary agents, book publishers or magazines. It contains over 1,500 listings including revised and updated listings from the 2024 edition and over 300 brand new entries. Finding the information you need is now quicker and easier than ever before with multiple tables and a detailed index and unique paragraph numbers to help you get to the listings you're looking for. The variety of tables helps you navigate the listings in different ways and includes a Table of Authors which lists over 6,000 authors and tells you who represents them or who publishes them or both. The number of genres in the index has expanded to over 900. So for example, while there was only one option for Romance in previous editions, you can now narrow this down to Historical Romance, Fantasy Romance, Supernatural, Paranormal Romance, Contemporary Romance, Diverse Romance, Erotic Romance, Feminist Romance, Christian Romance or even Amish Romance. The new edition includes Over 650 literary agents and agencies, Over 450 magazines and Over 500 publishers that don't charge fees. International markets become more accessible than ever with listings that cover both the main publishing centres of New York and London as well as markets in other English speaking countries. With more and more agents, publishers and magazines accepting submissions online, this international outlook is now more important than ever. There are no adverts, no advertorials and no obscure listings padding out hundreds of pages. By including only what's important to writers, contact details for literary agents, publishers and magazines, this directory is able to provide more listings than its competitors at a lower price. The book also allows you to create a subscription to the firstwriter.com website for free until 2026. This means you can get free access to the firstwriter.com website where you can find even more listings and also benefit from other features such as advanced searches, daily email updates, feedback from users about the markets featured, saved searches, competitions, listings, searchable personal notes and more. I know firsthand how lonely and dispiriting trying to find an agent and publisher can be. So it's great to find a resource like firstwriter.com that provides contacts, advice and encouragement to aspiring writers. I've been recommending it for years now. Robin Wade, literary agent at the Wade Doherty Literary Agency Ltd and long term firstwriter.com subscriber.

Spider and Silk May Sage, Fae aren't even supposed to exist, so why is Lena suddenly the slave of a unbearably gorgeous, cold and unyielding creature who can't possibly be human. Betrayed and tossed aside, she has a choice between risking her fortune with the rest of the humans picked to become the king's servant or let this thing who wants her on her knees take her. Well, better the devil you sort of know. When his father demanded they march south to claim their tithe of five hundred humans, Dryan believed the old man had finally lost his mind. Why would they need to go to war for mere mortal slaves when they're easily plucked from unsuspecting villages? But now he has a princess sleeping on his rug with his dogs and he can admit he sees the appeal. But claiming a mortal comes with many dangers. To her and to his sanity.

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